

UWO Clinical Psychology Program

**SELF-ASSESSMENT OF GROWTH AS A CONSEQUENCE OF THE PRACTICUM EXPERIENCE**

*(To be completed by students at the end of each practicum)*

Student \_\_\_\_\_ Setting \_\_\_\_\_

Practicum Course # \_\_\_\_\_ Date of Self-Assessment \_\_\_\_\_

*Note: **This is for your personal records**, and will not be included in the program's files. While you might find it helpful to review the completed form(s) with the practicum coordinator when planning future practica, you're under no obligation to do so).*

Please assess the extent to which you believe you have improved in each of the following areas **as a result of this practicum**. Your ratings may be driven by several factors, including your supervisor's skills, your level of experience/skill at the outset of supervision, the training opportunities in the setting, the 'match' between you and your supervisor, etc.

Consider placing an asterisk \* next to the areas you would like to target for growth in your next practicum, or while on internship.

No Growth	Minimal Growth	Moderate Growth	Substantial Growth	Profound Growth	Not Applicable
1	2	3	4	5	n/a

Comfort level/confidence in the therapist role	
Knowledge of therapeutic techniques	
Application of therapeutic techniques	
Diagnostic skills	
My appreciation of variations in clinical presentations	
Knowledge of ethical issues/jurisprudence	
Case conceptualization	
Report writing	
Understanding how to use my own emotional experience to better understand my clients	
Empathetic listening and responding	
Understanding of theory	
Application of theory to the therapy process	
Ability to foster quality, collaborative relationships with patients	
Ability to instill hope and positive expectations in patients	
Ability to consult and/or provide team-based care with other healthcare professionals	
Appreciation of the roles that psychologists can play in the broader healthcare, social service, and/or police arenas	
Other _____	