

Curriculum Vitae

Alex J. Benson

Department of Psychology

Social Science Centre, Rm 8408

Western University

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EDUCATION

- 2012-2016 **Wilfrid Laurier University, Waterloo, ON, Canada**
Ph.D., Social Psychology, Wilfrid Laurier University
- 2014 **Bangor University, Bangor, Wales, United Kingdom**
Visiting Scholar, Institute for Psychology of Elite Performance
- 2010-2012 **Wilfrid Laurier University, Waterloo, ON, Canada**
M.Sc., Kinesiology
- 2006-2010 **Wilfrid Laurier University, Waterloo, ON, Canada**
Honours B.Sc., Kinesiology

POSITIONS HELD

- 2017-current **Western University, London, ON, Canada**
Assistant Professor, Department of Psychology
- 2016-2017 **Nipissing University, North Bay, ON, Canada**
SSHRC Postdoctoral Fellow, School of Physical and Health Education

RESEARCH SUPPORT

- 2018-2020 **Mitacs**
Accelerate Internship Program
Having a pulse for the group: An app-based approach to collecting multiple time-point longitudinal data
Role: Co-investigator
\$80,000
- 2018-2020 **SSHRC**
Insight Development Grant
Do great followers make great leaders? Disentangling the traits valued in followers and leaders
Role: Principal Investigator
\$55,971

2018	Western University SSHRB Internal Seed Research Grant Role: Principal Investigator \$23,873
2017-2018	Mitacs Accelerate Internship Program <i>Assessing trust of artificial intelligence technology in the context of workplace relations</i> Role: Principal Investigator (recipient: Julia McMEnamin) \$30,000
2016-2017	Social Sciences and Humanities Research Council of Canada Postdoctoral Fellowship \$81,000 (accepted \$40,500).
2017	Social Sciences and Humanities Research Council of Canada and Sport Canada Sport Participation Research Initiative Postdoctoral Supplement \$10,000
2013-2016	Social Sciences and Humanities Research Council of Canada Joseph-Armand Bombardier Doctoral Canada Graduate Scholarship \$105,000
2015	North American Society of Psychology for Sport and Physical Activity Graduate Student Research Grant \$1,800
2014	Social Sciences and Humanities Research Council of Canada Michael Smith Foreign Study Supplement \$6,000
2014	Social Sciences and Humanities Research Council of Canada and Sport Canada Sport Participation Research Initiative Doctoral Supplement \$10,000

AWARDS AND HONOURS

- 2017 30 for 30 Award, Wilfrid Laurier Graduate Students Association , awarded to 30 former or current graduate students who best exemplify a life of leadership and purpose
- 2016 Franklin Henry Young Scientist Award: Sport Psychology, Canadian Society for Psychomotor Learning and Sport Psychology
- 2016 Gold Medal of Academic Excellence at the Doctoral Level, Wilfrid Laurier University
- 2012 Gold Medal of Academic Excellence at the Master's Level, Faculty of Science, Wilfrid Laurier University
- 2011 Dean's Scholarship, Wilfrid Laurier University

PUBLICATIONS

Journal Articles

Benson, A. J., Jeschke, J., Jordan, C. H., Bruner, M. W., & Arnocky, S. (accepted). Will they stay or will they go? Narcissistic admiration and rivalry predict ingroup affiliation and devaluation. *Journal of Personality*.

Graupensperger, S., **Benson, A. J.**, Evans, M. B. (2018). Everyone else is doing it: The association between social identity and susceptibility to peer-influence in NCAA athletes. *Journal of Sport & Exercise Psychology*, *40*, 117-127.

Bruner, M. W., Boardley, I. D., **Benson, A. J.**, Wilson, K. S., Root, Z., Sutcliffe, J., Turnridge, J., & Cote, J. (2018). Disentangling the relations between social identity and prosocial and antisocial behavior in competitive youth sport. *Journal of Youth and Adolescence*, *47*, 1113-1127. doi: 10.1007/s10964-017-0769-2

Benson, A. J., & Bruner, M. W. (2018). How teammate behaviors relate to athlete affect, cognition, and behaviors: A daily diary approach within youth sport. *Psychology of Sport & Exercise*, *34*, 119-127. <https://doi.org/10.1016/j.psychsport.2017.10.008>

Bruner, M. W., & **Benson, A. J.** (2018). Evaluating the psychometric properties of the Social Identity Questionnaire in Sport. *Psychology of Sport & Exercise*, *35*, 181-188. <https://doi.org/10.1016/j.psychsport.2017.12.006>

Benson, A. J., & Eys, M. A. (2017). Understanding the consequences of newcomer integration processes: The Sport Team Socialization Tactics Questionnaire. *Journal of Sport & Exercise Psychology*, *39*, 13-28. doi: 10.1123/jsep.2016-0182

- Benson, A. J., Bruner, M. W., & Eys, M. (2017).** A social identity approach to understanding the conditions associated with antisocial behaviors among teammates in female teams. *Sport, Exercise, and Performance Psychology*, *6*, 129-142. doi:10.1037/spy0000090
- Boroumand, S, **Benson, A. J., & Eys, M. (2017).** How status conflict undermines athletes' willingness to help new teammates. *Journal of Applied Sport Psychology*, *30*, 358-365. <http://dx.doi.org/10.1080/10413200.2017.1384939>
- Bailey, B., **Benson, A. J., & Bruner, M. W. (2017).** Investigating the organizational culture of CrossFit. *International Journal of Sport & Exercise Psychology*. Advance online publication. doi:10.1080/1612197X.2017.1329223
- Herbison, J, **Benson, A. J., & Martin, L. J. (2017).** The intricacies of the friendship-cohesion relationship in children's sport. *Sport & Exercise Psychology Review*, *13*, 11-20.
- Benson, A. J., Hardy, J., & Eys, M. A. (2016).** Contextualizing leaders' interpretations of proactive followership. *Journal of Organizational Behavior*, *37*, 949-966. doi: 10.1002/job.2077
- Benson, A. J., Eys, M., & Irving, G. (2016).** Great expectations: How role expectations and role experiences relate to perceptions of team cohesion. *Journal of Sport & Exercise Psychology*, *38*, 160-172. doi: 10.1123/jsep.2015-0228
- Benson, A. J., Siska, P., Eys, M., Priklerova, S., & Slepicka, P. (2016).** A prospective multilevel examination of the relationship between cohesion and team performance in elite youth sport. *Psychology of Sport & Exercise*, *27*, 39-46. doi: 10.1016/j.psychsport.2016.07.009
- Benson, A. J., Jordan, C. H., & Christie, A. M. (2016).** Narcissistic responses to subordinate role assignment: The case of the narcissistic follower. *Personality and Social Psychology Bulletin*, *42*, 985-999. doi: 10.1177/0146167216649608
- Benson, A. J., Evans, M. B., & Eys, M. A. (2016).** Organizational socialization in team sport environments. *Scandinavian Journal of Medicine and Science in Sports*, *4*, 463-473. doi: 10.1111/sms.12460
- Benson, A. J., Evans, M. B., Surya, M., Martin, L., & Eys, M. A. (2015).** Embracing athletic identity in the face of threat. *Sport, Exercise, and Performance Psychology*, *4*, 303-315. doi: 10.1037/spy0000045
- Surya, M., **Benson, A. J., & Balish, S. M., & Eys, M. A. (2015).** Exploring the influence of injury on group interaction processes. *Journal of Applied Sport Psychology*, *27*, 52-66. doi: 10.1080/10413200.2014.941512
- Benson, A. J., Surya, M., & Eys, M. A. (2014).** The nature and transmission of role responsibilities in sport teams. *Sport, Exercise, and Performance Psychology*, *3*, 228-240. doi: 10.1037/spy0000016

Evans, M. B., **Benson, A. J.**, Mitchell, T., Robertson-Wilson, J. & Eys, M. A. (2013). An exploration of municipal active living charter development and advocacy. *Health and Fitness Journal of Canada*, 6, 101-115.

Benson, A. J., Eys, M. A., Surya, M., Dawson, K. A., & Schneider, M. A. (2013). Athletes' perceptions of role acceptance in sport teams. *The Sport Psychologist*, 27, 269-280. doi: 10.1123/tsp.27.3.269

Journal Articles Invited for Resubmission or Under Review

Evans, M. B., Graupensperger, S. A., **Benson, A. J.**, Eys, M. A., Hastings, B., Gottschall, J. S. (1st round R&R). Group structure and entitativity in exercise: Considering within- and between-group perceptions of groupness. *Psychology & Health*.

Sutcliffe, J., **Benson, A. J.**, Bruner, M. W. (1st round R&R). Parents value competence more than warmth in competitive youth hockey coaches: Evidence based on the innuendo effect. *Psychology of Sport & Exercise*.

Godfrey, M. & **Benson, A. J.** (under review). Seeds of doubt: How mentorship initiation influences reflected appraisals of prospective mentoring relationships. *Group & Organization Management*

Graupensperger, S. A., **Benson, A. J.**, Eys, M. A., Hastings, B., Evans, M. B. (under review). Perceptions of groupness during fitness classes predict exertion, enjoyment, and satisfaction: An intensive longitudinal investigation. *Sport, Exercise, and Performance Psychology*.

Book Chapters

Hardy, J., Benson, A. J., & Boulter, M. (submitted). Putting the I in team: Personality and team effectiveness in sport. In H. Manly & R. Roberts (Eds.), *Encyclopaedia of Sport Psychology*. International Society of Sport Psychology

Crozier, A. J., & Benson, A. J. (submitted). Group norms in youth sport. In M. W. Bruner, M. Eys, & L. Martin (Eds.), *Group dynamics in youth sport*. Elsevier.

Benson, A. J., & Jordan, C.H. (2018). Narcissistic followership. In A. Hermann, Brunell, & J. Foster (Eds.), *Trait narcissism: Key advances, research methods, and controversies*. Springer Publishing Company. https://doi.org/10.1007/978-3-319-92171-6_44

Eys, M. A., Surya, M., & **Benson, A. J.** (2017). Communicating within sport teams. In B. Jackson, & J. Dimmock (Eds.), *Persuasion and communication in sport, exercise and physical activity* (pp. 217-232). Oxford: Routledge.

Benson, A. J., Surya, M., & Eys, M. A. (2015). The dynamic management of athletes' role expectations. In P. Davis (Ed.), *The psychology of effective coaching and management* (203-216). Hauppauge, NY: Nova Science Publishers, Inc.

Eys, M. A., Schinke, R. J., Surya, M., & **Benson, A. J.** (2014). Role perceptions in sport groups. In M. Beauchamp, & M. Eys (Eds.), *Group dynamics advances in sport and exercise psychology: Contemporary themes* (2nd edition) (pp. 131-146). Oxford: Routledge.

Benson, A. J., Surya, M. W., & Eys, M. A. (2013). Conceptual advances in role perceptions in sport. In, C. Moheyedinni. (Ed.), *Conceptual advances in the psychology of sports and exercise* (pp. 3-14). Hauppauge, NY: Nova Science Publishers, Inc.

Dictionary Entries

Godfrey, M., & **Benson, A. J.** (in press). Athletic identity. In D. Hackfort, R. Schinke, B. Strauss (Eds.), *Dictionary of Sport Psychology*. Elsevier Inc.

CONFERENCE PRESENTATIONS

*Published abstracts include journal citation

Verbal

Van Woezik, R., Benson, A. J., Bruner, M. W. (March, 2018). Just put me in coach! Exploring how coaches manage team dynamics following injury. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Montreal, Quebec.

McKenzie, L., Caron, J., **Benson, A. J.**, Bruner, M. W. (March, 2018). Reintegrating into the team environment following a concussion. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Montreal, Quebec.

Herbison, J., Martin, L. J., Sutcliffe, J., Coletti, J., Hallam, J., **Benson, A. J.**, & Bruner, M. W. (March, 2018). Analysis of social-discursive interactions in youth sport using Linguistic Inquiry and Word Count software. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Montreal, Quebec.

Cascagnette, J., **Benson, A. J.**, Cruwys, T., Haslam, A., & Bruner, M. (March, 2018). Group dynamics in an elite Nordic ski team. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Montreal, Quebec.

Graupensperger, S., **Benson, A. J.**, Evans, M. B. (October 2017). Everyone else is doing it: The association between social identity and conforming to peer-influence in NCAA athletes. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, St. John's, Newfoundland.

Sutcliffe, J., **Benson, A. J.**, Bruner, M. W. (October, 2017). Do nice coaches finish last? Exploring parental perceptions of a prospective coach. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, St. John's, Newfoundland.

Bruner, M. W., Martin, L. J., Evans, M. B., **Benson, A. J.**, Root, Z., Ortiz, T., Sutcliffe, J., & Carre, J. (July, 2017). Social identity and peer nominated friendship in youth sport teams. Presented at *Social Identity in Sport Conference*, Brussels, Belgium.

Herbison, J. D., **Benson, A. J.**, Martin, L. J., Cote, J., & Bruner, M. W. (March, 2017). The development of observational coding systems for the electronically activated recorder (EAR) in youth sport settings. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Kingston, Ontario.

Taylor, L., **Benson, A. J.**, & Bruner, M. W. (March, 2017). An exploration of newcomer integration processes in CrossFit. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Kingston, Ontario.

Benson, A. J., & Eys, M. (October, 2016). Understanding the consequences of newcomer integration processes: A socialization perspective (Young Scientist Award). Presented at the Canadian Society for Psychomotor Learning and Sport Psychology Conference, Waterloo, Ontario.

Benson, A. J., Bruner, M. W., & Eys, M. (October, 2016). Social identity and antisocial ingroup behaviours: The moderating role of descriptive norms. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Waterloo, Ontario.

Benson, A. J., & Eys, M. (June, 2016). Pleased to meet you? The consequences of newcomer integration processes in sport teams. *Journal of Sport and Exercise Psychology*, 37 (suppl), S160. Presented at the *North American Society for the Psychology of Sport and Physical Activity Conference*, Montreal, Quebec.

Boroumand, S., **Benson, A. J.**, & Eys, M. (March, 2016). How status conflict undermines prosocial behaviour between teammates. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Hamilton, Ontario.

Surya, M., Eys, M. A., & **Benson, A. J.** (October, 2015). Incongruence in the coach-athlete relationship: Consequences for misunderstanding. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Edmonton, Alberta.

Benson, A. J., Surya, M., Eys, M. A., & Bray, S. R. (June, 2015). Disentangling how perceptions of role performance are related to role acceptance and group cohesion. *Journal of Sport and Exercise Psychology*, 37 (suppl), S93. Presented at the *North American Society for the Psychology of Sport and Physical Activity Conference*, Portland, Oregon.

Eys, M. A., Surya, M., & **Benson, A. J.** (April, 2015). Threats to the psychological structure of sport teams. Presented at the Pan American Sport and Exercise Research Summit, Toronto, Ontario.

Benson, A. J., Surya, M., Eys, M. A., & Bray, S. R. (March, 2015). Applying polynomial regression with response surface analysis to examine how perceptions of role performance influence role acceptance and cohesion. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Ottawa, Ontario.

Benson, A. J., Hardy, J., & Eys, M. A. (2014). The context-embedded nature of followership. Presented at the Canadian Society for *Psychomotor Learning and Sport Psychology Conference*, London, Ontario.

Webster, L., **Benson, A. J., Hardy, J., & Roberts, R.** (October, 2014). Competing for the spotlight: The interactive effect of leader and follower narcissism on group goal commitment. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, London, Ontario.

Surya, M., Eys, M. A., & **Benson, A. J.** (October, 2014) The correlates of role satisfaction. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, London, Ontario.

Benson, A. J., Evans, M. B., Surya, M., Martin, L., & Eys, M. A. (March, 2014). Embracing athletic identity in the face of threat. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Toronto, Ontario.

Siska, P., **Benson, A. J., Eys, M. A., & Slepicka, P.** (March, 2014). A longitudinal examination of team cohesion and team success in elite youth sport teams. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Toronto, Ontario.

Benson, A. J., & Eys, M. A. (June, 2013). Delineating the socialization strategies used in sport teams. *Journal of Sport and Exercise Psychology*, 35 (suppl), S78. Presented at the *North American Society for the Psychology of Sport and Physical Activity*, New Orleans, Louisiana.

Benson, A. J., Surya, M., Balish, S.M., & Eys, M. A. (2013, June). Exploring the Influence of Injury on Group Processes in Sport Teams. *Journal of Sport and Exercise Psychology*, 35 (suppl), S77. Presented at the *North American Society for the Psychology of Sport and Physical Activity*, New Orleans, Louisiana, United States.

Benson, A. J., & Eys, M. A. (March, 2013). Coaches' perspectives on socialization strategies used in sport teams. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, St. Catharines, Ontario.

Surya, M., **Benson, A. J., & Balish, S., & Eys, M. A.** (March, 2013). Exploring the influence of injury on group processes in basketball. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, St. Catharines, Ontario.

Murray, R. M., Evans, M. B., **Benson, A. J., Bray, S. R., & Eys, M. A.** (March, 2013). Testing the innuendo effect in a sport context. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, St. Catharines, Ontario.

Benson, A. J., Surya, M., McLaren, C. D. (February, 2013). Organizational socialization in sport teams. Presented at the *Sport Professionals' Experience and Research Conference*, Tallahassee, Florida.

McLaren, C. D., **Benson, A. J.**, Surya, M. (February, 2013). How'd we do coach: Group and individual outcomes as they relate to the motivational climate. Presentation at the *Sport Professionals ' Experience and Research Conference*, Tallahassee, Florida.

Surya, M., McLaren, C. D., & **Benson, A. J.** (February, 2013). Satisfaction with interdependent role responsibilities in sport teams. Presented at the *Sport Professionals ' Experience and Research Conference*, Tallahassee, Florida.

Benson, A. J., Surya, M., & Eys, M. A. (November, 2012). The development and salience of role responsibilities in sport teams. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Halifax, Nova Scotia.

Benson, A. J., Eys, M. A., & Surya, M. (March, 2012). Athletes' perceptions of role acceptance in sport. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, London, Ontario.

Surya, M., Eys, M. A., & **Benson, A. J.** (March, 2012). Athletes' perceptions of role satisfaction in sport. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, London, Ontario.

Poster

Graupensperger, S., **Benson, A. J.**, & Evans, M. B. (April, 2018). Group-level predictors of NCAA athletes' attitudes toward risky behavior. Presented at the *Society for Behavioral Medicine*, New Orleans, LA.

Benson, A. J., & Bruner, M. W. (September, 2017). How peer behaviours relate to adolescent social development: A daily diary approach with youth hockey teams. Presented at the *Sport Canada Research Initiative Conference*, Toronto, Ontario.

Benson, A. J., Eys, M., & Hardy, J. (June, 2017). Challenge-oriented acts of followership as a double-edged sword in the leadership process. *Journal of Sport & Exercise Psychology*, 39 (suppl), S213. Presented at the *North American Society for the Psychology of Sport and Physical Activity Conference*, San Diego, California.

Bruner, M. W., & Benson, A. J. (June, 2017). The Social Identity Questionnaire for Sport (SIQS): The utility of a bifactor model. *Journal of Sport & Exercise Psychology*, 39 (suppl), 217. Presented at the *North American Society for the Psychology of Sport and Physical Activity Conference*, San Diego, California.

Sutcliffe, J., **Benson, A. J.**, & Bruner, M.W. (June, 2017). Parents value competence more than warmth in competitive youth hockey coaches: Evidence based on the innuendo effect. *Journal of Sport & Exercise Psychology*, 39 (suppl), S317. Presented at the *North American Society for the Psychology of Sport and Physical Activity Conference*, San Diego, California.

Bruner, M. W., Wilson, K. S., Boardley, I. D., **Benson, A. J.**, Sutcliffe, J., Root, Z., & Cote, J. (October, 2016). Examining the role of descriptive norms in the social identity and moral behaviour relationship in youth sport. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Waterloo, Ontario.

Bruner, M., Bailey, B., & **Benson, A. J.** (June, 2016). Understanding the influence of organizational culture on exercise adherence: A social identity perspective. *Journal of Sport and Exercise Psychology*, 37 (suppl), S164. Presented at the *North American Society for the Psychology of Sport and Physical Activity Conference*, Montreal, Quebec.

Benson, A. J., Eys, M. A., & Irving, G. (October, 2015). Great expectations: How expected versus actual role experiences relate to perceptions of team cohesion. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Edmonton, Alberta

Benson, A. J., & Eys, M. A. (October, 2014). Examining the use of socialization tactics in team sport environments. Poster presented at the *Sport Canada Research Initiative Conference*, Kanata, Ontario.

Hardy, J., Arthur, C., Harding, D., **Benson, A. J.**, Williams, C., Meaton, J., Buabon, M., Larkin, L. (2014). Role conflict and performance: An elusive association? Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, London, Ontario.

Benson, A. J., & Eys, M. A. (October, 2013). Toward a theory of organizational socialization in sport. Poster presented at the Sport Canada Research Initiative Conference, Kanata, Ontario.

Benson, A. J., Eys, M. A., & Surya, M. (November, 2012). Athletes' perceptions of role acceptance in sport teams. Poster presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Halifax, Nova Scotia.

Benson, A. J., Surya, M., Eys, M. A., Bray, S. R., & Brawley, L. R. (October, 2011). A preliminary examination of the correlates of role satisfaction. Poster presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Winnipeg, Manitoba.

Surya, M., **Benson, A. J.**, Eys, M. A., & Bray, S. R. (October, 2011). Role satisfaction: A proposed conceptualization for sport. Poster presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Winnipeg, Manitoba

Invited Talks

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| 2018 | Disrupt HR | The rise and fall of narcissistic leaders. <i>Presented at Disrupt HR, London, Ontario, 2018</i> |
| 2018 | Western University | Narcissism in the workplace: Entitled, self-absorbed, and ready to lead. <i>Presented as part of the "Science of Being Human" lecture series</i> |

- 2018 Western University Can't we all just get along? Integrating qualitative research into a broader program of research. *Presented to the Industrial/Organizational psychology graduate seminar*
- 2016 Wilfrid Laurier University Navigating grad school: Tales from a recent graduate. *Presented to Kinesiology and Physical Education graduate seminar*

Non-Peer Reviewed Reports

- Benson, A. J., & Eys, M. A.** (2015). Examining the use of socialization tactics in sport team environments, prepared for Sport Canada as a knowledge Translation paper.
- Benson, A. J.,** Surya, M., & Eys, M. A. (2015). Report on 2015 team member engagement survey, prepared on behalf of Schlegel Villages. *1- 37.*
- Surya, M., **Benson, A. J.,** & Evans, M. (2014). Report on role responsibilities, prepared on behalf of Schlegel Villages. *1-10.*
- Surya, M., **Benson, A. J.,** Evans, M. (2014). Report on 2014 team member engagement survey, prepared on behalf of Schlegel Villages. *1-11.*
- Evans, B., Surya, M., & **Benson, A. J.** (2013) Initial statistical report on member engagement data, prepared on behalf of Schlegel Villages. *1-20.*
- Eys, M. A., **Benson, A. J.,** & Surya, M. (2013). Blueprint for physical activity: A report to the Waterloo Region Active Living Network. *1-65.*

TEACHING EXPERIENCE

Course Instructor

- 2018 Western University PS2061a-001 : Psychology at Work
Advanced Topics in Psychology: Status and Power in Organizations
- 2017 Western University PS2061a-001: Psychology at Work
- 2016 Nipissing University PHED2026a: Psychology of Physical Activity
PHED2026b: Psychology of Physical Activity
- 2015 Wilfrid Laurier University KP622: Advanced Research Design
- 2015 Resurrection Catholic Secondary School Applied Sport Psychology Module (grades 9-12)

Lab Instructor

- 2016 Wilfrid Laurier University PS296: Introduction to Statistics

Courses Assisted

2013	Wilfrid Laurier University	PS286: Introduction to Sport Psychology PS270: Introduction to Social Psychology PS380: Research Seminar in Social Psychology
2012	Wilfrid Laurier University	KP210: Introduction to Sport Psychology
2011	Wilfrid Laurier University	KP211: Introduction to Sociology Aspects of Sport KP122: Biodynamic Aspects of Physical Activity
2010	Wilfrid Laurier University	KP410: Advanced Psychology of Physical Activity

STUDENT SUPERVISION

Doctoral Student Supervision

2018-current Alexander McGregor, Western University

Master Student Supervision

2017- Noelle Baird (co-supervisor with Jennifer Robertson), Western University
current Jeffrey Chamberlain (co-supervisor with Craig Hall), Western University

Mitacs Internship Supervision

2017-2018 Julia McMenamin, Mitacs Accelerate Internship, Western University

Doctoral Senate Defense Committee Member

2018 Rhonda Balzarini, Western University

Doctoral Departmental Examination Committee Member

2018 Kevin Doyle, Western University
Rhonda Balzarini, Western University

Doctoral Advisory Committee Member

2018 Brittney Anderson, Western University

Doctoral Comprehensive Examination Committee Member

2018 Alexa Clerk, Western University

Master's Thesis Committee Member

2017-2018 Alexander McGregor
Natasha Ouslis
Eva Kwan (in progress)
2018-current Margaret Head (in progress)

Christopher Sciberas (in progress)

Undergraduate Thesis Supervision

2018-current Jennifer Lynch

2017-2018 Andrada Balanean, Western University
Marcus Gottlieb, Western University
Jessica Jeshcke, Western University

2016-2017 Laura McKenzie, Nipissing University
Lauren Taylor, Nipissing University

2015-2016 Suzanne Boroumand, Wilfrid Laurier University

2012-2013 Ross Murray, Wilfrid Laurier University

Independent Study Supervision

2018 Esti Azizi, western University

PROFESSIONAL ORGANIZATIONS AND MEMBERSHIPS

Association for Psychological Science
Society for Personality and Social Psychology
Canadian Society for Psychomotor Learning and Sport Psychology
North American Society for the Psychology of Sport and Physical Activity

GUEST REVIEWER

Athletic Insight (1), Aggressive Behavior (2), INGRoup conference (1), International Journal of Sport & Exercise Psychology (3), Journal of Applied Sport Psychology (4), Journal of Science and Medicine in Sport (1), Journal of Sport & Exercise Psychology (4), Journal of Sport Psychology in Action (2), PLOS ONE (1), Psychology of Sport & Exercise (16), Sport, Exercise and Performance Psychology (10), Social Inclusion (1)

SERVICE

Institutional

2018 Undergraduate affairs committee, Western University
Annual performance evaluation committee, Western University

2018 Planning committee for the development of the one year MA in Policy and Social Science Research, Western University
Evaluator for Western National Scholarship Program, Western University

2014-2015 Member of Mental Health Task Force, Wilfrid Laurier University

2015-2016 Graduate Student Association Representative, Wilfrid Laurier University

Community Outreach and Consulting

- 2013-2016 Organizational Consultant, Schlegel Villages
- 2013 Research Consultant, Waterloo Region Active Living Network
- 2011 Conference Organization Committee Members, Wilfrid Laurier University
Eastern Canadian Sport and Exercise Psychology Symposium

Applied Workshops

Benson, A. J. (2016-2017, November-January). Psychological skills for elite youth athletes. Tailored lectures presented to multiple age groups for the North Bay Trappers AAA Hockey Organization, North Bay, Ontario.

Eys, M.A., Surya, M., & **Benson, A. J.** (2013, May). The blueprint for physical activity action for Waterloo Region. Lecture presented to the 'Engagement is Good for your Health Workshop', Waterloo Memorial Recreation Complex, Waterloo, Ontario, Canada.