M. Blair Evans

## Curriculum Vitae M. BLAIR EVANS

Western University, Department of Psychology 8410 Social Science Centre • London, Ontario, Canada, N6A 5C2 phone: (519) 661-2111, ext 84663 • e-mail: mevan3@uwo.ca ORCID ID: orcid.org/0000-0003-0668-4928 Website: <u>https://www.iopsychwestern.com/evans-lab</u> Google Scholar: <u>https://scholar.google.ca/citations?user=S8p1FSQAAAAJ&hl=en</u>

#### Education

<b>Ph.D.</b> , Social Psychology, Wilfrid Laurier University Topic: Teammate interdependence and interpersonal influence in indi Supervisor: Mark A. Eys, Ph.D.	2014 vidual sport
Masters of Arts, Kinesiology and Physical Activity, University of Lethbridg Topic: Temporal analysis of endurance athletes' coping during compe Supervisor: Sharleen D. Hoar, Ph.D.	
Bachelor of Arts (Honours), Sport Psychology, Laurentian University	2008
Academic Employment	
Assistant Professor, Western University (Ontario) Department of Psychology	2020-current
Assistant Professor, Penn State University Department of Kinesiology	2015-2020
<b>Post-Doctoral Fellow and Adjunct Professor</b> , Queen's University School of Kinesiology & Health Studies	2014-2015
<b>Teaching Experience</b> * = course that I developed as formal part of curriculum	
Instructor, Department of Psychology, Western University Psychology 2990 – Applications of Psychology (taught twice) Psychology 2660 – Intro. to Industrial/Organizational Psychology (tau *Psychology 9632 – Systematic and Scoping Review Methods (taught	<b>e</b> ,
Instructor, Department of Kinesiology, Penn State University KINES 429 – Psychology of Sport Performance (taught twice) KINES 421 – Exercise Psychology - advanced (taught once) KINES 321 – Psychology of Movement Behavior (taught 6 times) *KINES 430W – Group Dynamics in Sport Teams and Exercise Grou	2015-2020 ps (taught twice)

*KINES 597 – Systematic Reviews in Movement Science (taught twice)	
Instructor, Psychology Department, Wilfrid Laurier University PS 286 – Sport Psychology PS 285 – Health Psychology PS 272 – Group Processes	2013-2014
<b>Teaching Assistant,</b> Psychology Department, Wilfrid Laurier University PS 286 – Sport Psychology PS296/PS297 – Research Methodology PS 374 – Applied Social Psychology	2010-2013
<b>Teaching Assistant,</b> Kinesiology Department, University of Lethbridge KNES 4850 – Advanced Sport Psychology KNES 2200 – Research Methodologies in Physical Activity KNES 3680 – Introduction to Sport Psychology	2008-2010

#### Awards

Teaching Excellence Award, College of Health and Human Development, Penn State, 2018

Outstanding Reviewer of the Year Award, Sport, Exercise, and Performance Psychology, 2017

Certificate of Academic Excellence (Doctoral Dissertation), Canadian Psychological Association, 2015

Doctoral Medal of Academic Excellence (Faculty of Science) for outstanding doctoral dissertation, Wilfrid Laurier University, Fall 2014

Outstanding Student Paper Award, North American Society for the Psychology of Sport and Physical Activity, 2013 (\$1350.00)

Doctoral Scholarship, Social Sciences and Humanities Research Council of Canada, 2013 (\$20,000.00)

Ontario Graduate Scholarship(s), Province of Ontario, 2011, 2013 (\$30,000.00)

#### **Research Contributions**

underlined authors = student mentees directly supervised, or co-supervised, when research was conducted

#### **Journal Articles**

1. <u>Panza, M., Redman, G.,</u> Vella, S., Vierimaa, M., Bopp, M., & **Evans, M. B.** (2022). Evaluating a mental health literacy program involving adolescent sport team processes. PLOSOne. *Advance Online Publication*. Doi: 10.1371/journal.pone.0274761

- Hancock, D., Paradis, K., Evans, M. B., & Martin, L. (2022). Investigating perceptions of cohesion, performance, and satisfaction in sport officiating groups. *Managing Sport* and Leisure. Advance Online Publication. Doi: 10.1080/23750472.2022.2092536
- <u>Corey, J.</u>, Shirazipour, C., Fricke, M., & Evans, M. B. (2022). Physiotherapists' role in physical activity promotion: Qualitative reflections of patients and providers. *Physiotherapy Theory and Practice*. Doi: 10.1080/09593985.2022.2031361
- 4. McGuire, C., Evans, M. B., & Martin, L. (2022). Perceiving and experiencing subgroups in sport: A proposed conceptual framework. *International Journal of Sport and Exercise Psychology*, 20, 915-935.
- 5. Evans, J. C., Evans, M. B., Slack, M., Peddle, M., & Lingard, L. (2021). Examining non-technical skills for ad hoc resuscitation teams: A scoping review and taxonomy of team-related concepts. *Scandinavian Journal of Trauma, Resuscitation and Emergency Medicine, 29, 167. doi: 10.1186/s13049-021-00980-5.*
- 6. Orr, K., Tamminen, K. A., Evans, M. B., & Arbour-Nicitopoulos, K. P. (2021). Experiencing the social environment of a canoe kayak club: A case study of a Special Olympics program. *Case Studies in Sport and Exercise Psychology*, 5(S1),8-24.
- 7. <u>Graupensperger, S.</u> Turrisi, R., Jones, D., **Evans, M. B**. (2021). Dynamic characteristics of groups and individuals that amplify adherence to perceived drinking norms in college club sport teams: A longitudinal multilevel investigation. *Psychology of Addictive Behaviors*, 35, 351-365.
- 8. Wilson, O. W., <u>Panza, M.</u>, Evans, M. B., & Bopp, M. (2021). A scoping review on college student physical activity: How do researchers measure activity and examine inequities? *Journal of Physical Activity and Health*, 18, 728-736.
- **9.** Saizew, K., **Evans, M. B.,** Allan, V., & Martin, L. (2021). A season-long examination of team structure and its implications for subgroups in individual sport. *Journal of Sport and Exercise Psychology*, *43*, 248-258.
- 10. Orr, K., Tamminen, K. A., Evans, M. B., & Arbour-Nicitopoulos, K. P. (2021). Social influences in recreational sport programs for emerging adults with a disability: A preliminary examination using a mixed methods approach. *European Journal of Adapted Physical Activity*, 14, 6. doi: 10.5507/euj.2020.014.
- Leonard, K., Evans, M. B., Oravecz, Z., Smyth, J., & Downs, D. S. (2021). Effect of technology-supported interventions on prenatal gestational weight gain, physical activity, and healthy eating behaviors: A systematic review and meta-analysis. *Journal of Technology in Behavioral Science*, 6, 25-41.

- <u>Graupensperger, S. A.,</u> Sweet, S. M., & Evans, M. B. (2020). Multimorbidity of overweight and obesity alongside anxiety and depressive disorders in individuals with spinal cord injury. *Journal of Spinal Cord Medicine*. doi: 10.1080/10790268.2018.1507801
- <u>Graupensperger, S.</u>, Benson, A. J., Kilmer, J., & Evans, M. B. (2020). Social (un)distancing: Teammate interactions, athletic identity, and mental health of studentathletes during the COVID-19 pandemic. *Journal of Adolescent Health*, 67, 662-670.
- West, A. B., Bittel, K., Russell, M. A., Evans, M. B., Mama, S. K., & Conroy, D. E. (2020). A systematic review of physical activity, sedentary behavior, and substance use in adolescents and emerging adults. *Translational Behavioral Medicine*, 10, 1155-1167.
- **15.** Silva, E., **Evans, M. B,** Lefebvre, J. S., Allan, V., Côté, J., & Palmeira, A. (2020). A systematic review of Intrapersonal Coach Development Programs: Examining the development and evaluation of programs to elicit coach reflection. *International Journal of Sports Science & Coaching, 15,* 818–837.
- <u>Graupensperger, S., Panza, M. J.</u>, Budziszewski, R., & Evans, M. B. (2020). Growing into 'us': Trajectories of social identification with college sport teams predicts subjective well-being. *Applied Psychology: Health and Wellbeing*, 12, 787-807.
- 17. Leonard, K. S., Evans, M. B., Kjerulff, K. H., & Symons Downs, D. (2020). Postpartum perceived stress explains the association between perceived social support and depressive symptoms. Women's Health Issues, 30, 231-239.
- Panza, M., Graupensperger, S., Agans, J., Vella, S., Dore, I., & Evans, M. B. (2020). Adolescent sport participation and symptoms of anxiety and depression: a systematic review and meta-analysis. *Journal of Sport and Exercise Psychology*, 42, 201-218.
- 19. <u>Graupensperger, S., Panza, M.,</u> & Evans, M. B. (2020). Network centrality, group density, and strength of social identification in college club sport teams. *Group Dynamics: Theory, Research, & Practice, 24, 59-73.*
- **20.** Allan, V., **Evans, M. B.**, Côté, J., & Latimer-Cheung A. (2020). From the athletes' perspective: a social-relational understanding of how coaches shape the disability sport experience. *Journal of Applied Sport Psychology*, *32*, 546-564.
- **21. Evans, M. B.,** Vierimaa, M., <u>Budziszewski, R.,</u> & <u>Graupensperger, S. A.</u> (2020). Coach expectations and athlete lay beliefs: Interactions when predicting adolescent athletes' enjoyment and intentions to return. *Journal of Applied Sport Psychology*, 32, 416-428.
- 22. Orr, K., Evans, M. B., Tamminen, K., & Arbour-Nicitopoulos, K. (2020). A scoping review of recreational sport programs for disabled emerging adults: Part I, peer reviewed literature. *Research Quarterly for Exercise and Sport*, 91, 142-157.

- **23.** Shirazipour, C. H., **Evans, M. B.,** Leo, J., Lithopoulos, A., Martin Ginis, K. A., & Latimer-Cheung, A. E. (2020). Program conditions that foster quality physical activity participation experiences for people with a physical disability: a systematic review. *Disability and Rehabilitation, 42,* 147-155.
- 24. <u>Graupensperger, S. A.</u>, Wilson, O., Evans, M. B., & Bopp, M. (2020). Longitudinal association between alcohol use and physical activity in US college students: Evidence for directionality. *American Journal of College Health*, 68, 155-162.
- 25. <u>Graupensperger, S.</u> Turrisi, R., Jones, D., Evans, M. B. (2020). Longitudinal associations between perceptions of peer group drinking norms and students' alcohol use frequency within college sport teams. *Alcoholism: Clinical and Experimental Research*, 44, 541-552. [\*\*Identified as an article of public interest by the journal]
- 26. Petersen, B., Eys, M. A., Watson, K., & Evans, M. B. (2019). Taking stock of youth sport group dynamics research: A scoping review. *Kinesiology Review*, *8*, 260-268.
- 27. Benson, A. J., Azizi, E., Evans, M. B., Bray, S., & Eys, M. A. (2019). How innuendo shapes impressions of task and intimacy groups. *Journal of Experimental Social Psychology*, *85*, 103854.
- 28. <u>Graupensperger, S.</u>, Benson, A., Bray, B. C., & Evans, M. B. (2019). Social cohesion and peer acceptance predict student-athletes' attitudes toward health-risk behaviors: A within- and between-group investigation. *Journal of Science and Medicine in Sport. 22*, 1280-1286.
- **29.** Evans, M. B., <u>Graupensperger, S. A.</u>, Benson, A. J., Eys, M. A., Gottschall, J. S., & Hastings, B. (2019). Groupness perceptions and basic needs satisfaction within fitness groups. *Group Dynamics: Theory, Research, & Practice, 23*, 170-184.
- **30.** <u>Graupensperger, S. A., Corey, J. J.</u>, Turrisi, R. J., & **Evans, M. B.** (2019). Individuals with spinal cord injury have greater odds of substance use disorders than able-bodied comparisons. *Drug and Alcohol Dependence, 205*, 107608.
- 31. <u>Graupensperger, S. A.</u>, Benson, A. J., Eys, M. A., Gottschall, J. S., Hastings, B., & Evans, M. B. (2019). Perceptions of groupness during group fitness: A between- and within-person examination. *Sport, Exercise, and Performance Psychology, 8, 290-304.*
- **32.** Robertson, M., Hague, C., Martin, L. J., & **Evans, M. B.** (2019). Do participant reporting practices in youth sport research adequately represent variability in sport contexts? *Psychology of Sport and Exercise, 45,* 101559.
- 33. Wilson, O. W. A., <u>Graupensperger, S. A.</u>, Bopp, M. J., Evans, M. B., Duffey, M. L., Papalia, Z. (2019). College student physical activity and fruit and vegetable consumption: A longitudinal study. *Journal of Physical Activity and Health*, 16, 274-280.

- 34. Evans, M. B., Shanahan, E., Leith, S., <u>Litvak, N.,</u> & Wilson, A. E. (2019). Living for today or tomorrow? Self-regulation amidst proximal or distal exercise outcomes. *Applied Psychology: Health and Well-being*, 11, 304-327.
- **35.** Evans, M. B., <u>Graupensperger, S. A.</u>, Benson, A. J., Eys, M. A., Gottschall, J. S., & Hastings, B. (2019). Group structure and entitativity in exercise: considering within- and between-group perceptions of groupness. *Psychology & Health*, *34*, 715-732.
- **36. Evans, M. B.,** McLaren, C., <u>Budziszewski, R.,</u> & Gilchrist, J. (2019). When a sense of 'we' shapes the sense of 'me': Exploring how running groups impact role identities and behavior. *Self and Identity*, *3*, 227-246.
- 37. <u>Rodrigues, A.</u>, Evans, M. B., & Galatti, L. (2019). Peer connections, social identity, and motivation 'on the mat': Social network analysis within Brazilian Jiu-Jitsu. *Psychology of Sport & Exercise*, 40, 127-134.
- **38.** <u>Graupensperger, S. A.</u>, Benson, A., & **Evans, M. B.** (2018). Everyone else is doing it: The association between social identity and susceptibility to peer influence in NCAA athletes. *Journal of Sport & Exercise Psychology, 40,* 117-127.
- **39.** Donkers, J., Martin, L. J., & **Evans, M. B.** (2018). Psychological collectivism in individual youth sports settings. *International Journal of Sport and Exercise Psychology*, *16*, 285-299.
- **40.** <u>Graupensperger, S. A.</u>, Jensen, C. J., & **Evans, M. B.** (2018). A meta-analytic review of studies using the prosocial and antisocial behavior in sport scale: Similarities and differences in how young athletes treat teammates and opponents. *Sport, Exercise, and Performance Psychology, 7,* 186-204.
- **41. Evans, M. B.,** Shirazipour, C., Zanhour, M., Allan, V., Sweet, S. N., Martin Ginis, K. A., & Latimer-Cheung, A. (2018). Integrating insights from the parasport community to understand optimal experiences: The Quality Parasport Participation Framework. *Psychology of Sport and Exercise, 37*, 79-90.
- **42.** Hancock, D., Martin, L. J., **Evans, M. B.,** & Paradis, K. (2018). Exploring perceptions of group processes inherent in ice hockey officiating. *Journal of Applied Sport Psychology*, *30*, 222-240.
- **43.** Martin Ginis, K. A., **Evans, M. B.**, Mortenson, W. B., Noreau, L. (2017). Broadening the conceptualization of 'Participation' of persons with physical disabilities: A configurative review and recommendations. *Archives of Physical Medicine and Rehabilitation, 98*, 395-402.
- 44. <u>McCalpin, M. M.</u>, Evans, M. B., & Côté, J. (2017). Young female soccer players' perceptions of their modified sport environment. *The Sport Psychologist*, 31, 65-77.

- **45. Evans, M. B.,** Allan, V., Erickson, K., Martin, L. J., <u>Budziszewski, R.,</u> & Côté, J. (2017). Are all sport activities equal? A systematic review of how youth psychosocial experiences vary across differing sport activities. *British Journal of Sports Medicine*, *51*, 169-176.
- **46.** Shirazipour, C. H., **Evans, M. B.,** Caddick, N., Smith, B., Aiken, A. A., Martin Ginis, K. A., & Latimer-Cheung, A. E. (2017). Understanding a quality sport experience: Exploring perspectives of veterans with a physical disability. *Psychology of Sport & Exercise, 29,* 40-50.
- 47. <u>Lefebvre, J. S.</u>, Evans, M. B, Turnnidge, J., Gainforth, H. L., & Côté, J. (2016). Describing and classifying coach development programs: A synthesis of empirical research and applied practice. *International Journal of Sports Science & Coaching*, 11, 887–899.
- **48. Evans, M. B.,** Adler, A., MacDonald, D. J., & Côté, J. (2016). Bullying victimization and perpetration among adolescent sport teammates. *Pediatric Exercise Science, 28*, 296-303.
- **49.** Martin, L. J., **Evans, M. B.**, & Spink, K. S. (2016). Coaches' perceptions of cliques in sport: Theoretical framework of emergence, management, and outcomes of cliques. *Sport, Exercise, and Performance Psychology, 5,* 52-66.
- **50.** Benson, A. J., **Evans, M. B.,** & Eys, M. A. (2016). Organizational socialization in team sport environments. *Scandinavian Journal of Medicine and Science in Sports, 4,* 463-473.
- **51. Evans, M. B.,** <u>McGuckin, M.,</u> Gainforth, H., Bruner, M. W., & Côté, J. (2015). Informing programs to improve interpersonal coach behaviours: A systematic review using the RE-AIM framework. *British Journal of Sport Medicine*, *49*, 871-877.
- **52.** Benson, A. J., **Evans, M. B.,** Surya, M., Martin, L. J., & Eys, M. A. (2015). Embracing athletic identity in the face of threat. *Sport, Exercise, and Performance Psychology, 4,* 303-315.
- 53. Bruner, M. W., Eys, M. A., Evans, M. B., & Wilson, K. (2015). Interdependence and social identity in youth sport teams. *Journal of Applied Sport Psychology*, 27, 351-358.
- **54. Evans, M. B.,** & Eys, M. A. (2015). Collective goals and shared tasks: Interdependence structure and perceptions of individual sport team environments. *Scandinavian Journal of Medicine and Science in Sports*, *25, e139–e148*.
- 55. Eys, M. A., Ohlert, J., Evans, M. B., Wolf, S. A., Martin, L., Van Bussel, M., & Steins, C. (2015). Cohesion and performance for male and female sport teams. *The Sport Psychologist, 29,* 97 -109.

- 56. Martin, L. J., Wilson, J., Evans, M. B., & Spink, K. S. (2015). Cliques in sport: Perceptions of intercollegiate athletes. *The Sport Psychologist, 29,* 82-95.
- **57.** Wolf, S. A., **Evans, M. B.,** Laborde, S., & Kleinert, J. (2015). Assessing what generates precompetitive emotions: Development of the Precompetitive Appraisal Measure. *Journal of Sport Science, 33,* 579-587.
- **58.** Côté, J. & Turnnidge, J. & **Evans, M. B.** (2015). The dynamic process of development through sport. *Kinesioloica Slovenica*, 20, 14-16.
- **59. Evans, M. B.,** Cooke, L. M., Murray, R. A., & Wilson, A. E. (2014). The sooner, the better: Temporally proximal exercise outcomes and intrinsic motivation. *Applied Psychology: Health and Well-being*, *6*, 347-361.
- **60. Evans, M. B.,** & Wilson, A. E. (2014). Subjective temporal proximity to future selves moderates the link between exercise intentions and behavior. *Sport, Exercise, and Performance Psychology, 3,* 184-190.
- **61. Evans, M. B.,** Hoar, S. D., Gebotys, R., & Link, C. A. (2014). Endurance athletes' coping efforts during competitive suffering. *European Journal of Sport Science, 14,* 368-375.
- **62.** Evans, M. B., Benson, A. J., Mitchell, T. M., Robertson-Wilson, J., & Eys, M. A. (2013). An exploration of municipal active living charter development and advocacy. *Health and Fitness Journal of Canada, 6,* 101-115.
- **63.** Eys, M. A., Jewitt, E., **Evans, M. B.,** Wolf, S. A., Bruner, M. W., & Lougheed, T. M. (2013). Coach initiated motivational climate and cohesion in youth sport. *Research Quarterly for Exercise and Sport, 84,* 373-383.
- **64. Evans, M. B.,** Eys, M. A., & Wolf, S. A. (2013). Exploring the nature of interpersonal influence in elite individual sport teams. *Journal of Applied Sport Psychology, 25,* 448-462.
- 65. Martin, L., Paradis, K., Eys, M. A., & Evans, M. B. (2013). Cohesion in sport: New directions for practitioners. *Journal of Sport Psychology in Action, 4,* 14-25.
- 66. Evans, M. B., Eys, M. A., & Bruner, M. W. (2012). Seeing the 'we' in 'me' sports: The need to consider individual sport team environments. *Canadian Psychology*, 53, 301-308.
- 67. Hoar, S. D., Evans, M. B., & Link, C. A. (2012). How do masters athletes cope with precompetitive stress at a "Senior Games"? *Journal of Sport Behavior*, 35, 181-203.

#### Manuscripts under review

- 1. Xu, T., **Evans, M. B.,** & Benson, A. (Revise and Resubmit). The nature of status: Navigating the diverse approaches to conceptualizing and measuring status. *Organizational Psychology Review*.
- 2. Duong, A., Roberts, L., Cramm, H., **Evans, M. B.**, Mayhew, E., Latimer-Cheung, A., E., Aiken, A. B., Shirazipour, C. (submitted). I AM FAMILY: Understanding the parasport experiences of family members of military personnel with physical and mental illnesses and injuries.
- 3. Evans, M. B., & Graupensperger, S. A. (submitted). Unpacking the association between social norms and self-reported alcohol use: A systematic review and multilevel meta-structural equation model.
- 4. Evans, M.B., Benson, A., & Li, Z. (submitted). Modelling age-varying associations between group memberships, neighborhood connectedness, and wellbeing.

#### Books

1. Eys, M. A., Benson, A., & Evans, M. B. (2020). Group Dynamics in Sport (5<sup>th</sup> edition). FiT publishing.

#### **Book Chapters**

- 1. Wegner, M., & Evans, M. B. (2022). Applying group dynamics to enhance sport teams. In J. Schüler, M. Wegner, H. Plessner & R. Eklund (Eds.), *Sport Psychology: Theory and Practice*. Springer
- Kim, J., <u>Panza, M. J.</u>, & Evans, M. B. (2021). Group dynamics. In Z. Zenka & L. Jones (Eds.) *Essentials of Exercise and Sport Psychology: An Open Access Textbook*. https://kinesiologybooks.org/index.php/stork/catalog/view/10/1/193-1 (p. 613-642)
- Evans, M. B., Wolf, S. A., & <u>Graupensperger, S. A.</u> (2020). Group cohesion and team building within sport and exercise. In D. Hackfort and R. Schinke (Eds.) *Routledge International Encyclopedia of Sport and Exercise Psychology*. London, UK: Routledge. (p. 175-191)
- 4. Bruner, M. W., Martin, L. J., Evans, M. B., & Benson, A. J. (2020). Group-based physical activity participation. In K. Fransen, A. Haslam, & F. Boen (Eds.) *The New Psychology of Sport and Exercise: The Social Identity Approach*. London, UK: Sage. (p. 207-222)
- 5. Evans, M. B., Arbour-Nicitopoulos, K., & <u>Graupensperger, S.</u> (2020). Peers and groups in disability sport. In M. W. Bruner, M. A. Eys, and L. Martin (Eds.) *The Ties that Bind: Exploring the Power of Groups in Youth Sport.* London, UK: Elsevier. (p. 303-326)

- 6. Vella, S., Liddle, S., Vierimaa, M., & Evans, M. B. (2020). Group dynamics and mental health in organised youth sports. In M. W. Bruner, M. A. Eys, and L. Martin (Eds.) *The Ties that Bind: Exploring the Power of Groups in Youth Sport*. London, UK: Elsevier. (p. 277-301)
- Eys, M. A., & Evans, M. B. (2018). Group dynamics in sport, exercise, and physical activity contexts. In T. Horn and A.L. Smith (Eds.) *Advances in sport and exercise psychology (4<sup>th</sup> ed.)*. Champaign, IL: Human Kinetics.
- Côté, J., Allan, V., Turnnidge, J., Vierimaa, M., & Evans, M. B. (2018). The talent lifecycle. In T. Horn and A.L. Smith (Eds.) *Advances in sport and exercise psychology (4<sup>th</sup> ed.)*. Champaign, IL: Human Kinetics.
- Côté, J., & Evans, M. B. (2017). Exercise Science. In B. Hopkins, E. Geangu, & S. Linkenauger (Eds.), *The Cambridge Encyclopedia of Child Development* (2nd ed.). Cambridge, UK: Cambridge University Press.
- Turnnidge, J., Evans, M. B., Vierimaa, M., Allan, V., & Côté, J. (2016). Coaching for Positive Youth Development. In N.L. Holt (Ed.), *Positive youth development through sport* (2<sup>nd</sup> ed.). London, UK: Routledge.
- 11. Vierimaa, M., Turnnidge, J., Evans, M. B., & Côté, J. (2016). Observation Tools and Analysis Techniques used in Coaching Research. In P. A. Davis, *The Psychology of Effective Coaching and Management*. Hauppauge, NY: Nova Science Publishers.
- 12. Evans, M. B., Allan, V., Vierimaa, M., & Côté, J. (2016). Sport parent roles in fostering positive youth development. In S. Dagkas & L. Burrows, *Families, Young People, Physical Activity and Health: Critical Perspectives.* London, UK: Routledge.
- 13. Eys, M. A., Burke, S. M., Dennis, P., & Evans, M. B. (2015). The sport team as an effective group. In J. M. Williams & V. Krane (Eds.), *Applied sport psychology: Personal growth to peak performance* (7th ed.). New York, NY: McGraw-Hill.
- 14. Evans, M. B., Eys, M. A., Bruner, M. W., & Kleinert, J. (2014). Building cohesive groups. In A. Papaioannou & D. Hackfort (Eds.). *Routledge companion to sport and exercise psychology: Global perspectives and fundamental concepts*. Oxford, UK: Taylor & Francis.
- 15. Hoar, S. D., & Evans, M. B. (2010). Athletes' coping across the lifespan. In A. R. Nicholls (Ed.), *Coping in sport: Theory, methods, and related constructs*. Hauppauge, NY: Nova Science Publishers.

#### **Dictionary or Reference Entries**

- 1. Entries within D. Hackfort, R. Schinke, & B. Strauss (2020). *International Dictionary of Sport Psychology*. Amsterdam, NL: Elsevier.
  - Entries for 'Group Environment Questionnaire, Team communication, Team unity, Team status, and Roles' with coauthors S. Graupensperger and L. Martin

#### **Conference Presentations**

#### Symposia

1. Evans, M. B., & Wolf, S. A. (2019, June). Capturing and modeling the 'I' and the Team: Individual- and group-level elements of group dynamics in sport. Symposium with four presentations and one discussant presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity. Baltimore, MD.

Invited or Keynote

1. Evans, M. B. (2022, March). Context is key: Reflecting on the role of context in a research program. Keynote presented at the Eastern Canada Sport and Exercise Psychology Symposium. Ottawa, Ontario

#### Verbal

- 1. Shirazipour, C. H., Mayhew, E., Evans, M. B., Latimer-Cheung, A. E., Aiken, A. (2022, October). International approaches to parasport to promote well-being among military personnel with illnesses and injuries. Verbal presentation at the 9th International Society for Physical Activity and Health Congress. Abu Dhabi, UAE.
- 2. Saizew, K., Evans, M. B., & Martin, L. J. (2021, October). Teammate social ties and subgroup memberships: A season-long social network analysis in track and field. Verbal presentation at the Canadian Society for Psychomotor Learning and Sport Psychology (virtual).
- **3.** Koch, L. C., **Evans, M. B.,** Latimer-Cheung, A. E., Sweet, S. N., Man, K. E., Shirazipour, C. H., Martin Ginis, K. A., & Tomasone, J. R. (2021, October). Exploring the measurement of quality participation over time in exercise for persons with physical disabilities. Verbal presentation at the Canadian Society for Psychomotor Learning and Sport Psychology (virtual).
- 4. Grimes, A.C., Koch, L.C., Sartor, J.D., Latimer-Cheung, A.E., Evans, M.B., Shirazipour, C.H., Sinden, A.R., Tomasone, J.R., & Martin Ginis, K.A. (2021). Influence of competition level and sport type on quality experiences of athletes with a physical disability. Verbal presentation at the Canadian Society for Psychomotor Learning and Sport Psychology (virtual).
- 5. Shirazipour, C. H., Mayhew, E., Evans, M. B., Latimer-Cheung, A. E., & Aiken, A. B. (2021). Game On, Down Under! Evaluating the long-term impact of parasport through the 2018 Invictus Games. Verbal presentation at 8th International Society of Physical Activity and Health Congress, October (virtual).

- 6. Shabanian, J., Mayhew, E., Evans, M. B., Latimer-Cheung, A. E., Aiken, A. B., & Shirazipour, C. H. (2021). The impact of COVID-19 on military personnel with illnesses and injuries participating in parasport recovery programs. Verbal presentation at 8th International Society of Physical Activity and Health Congress, October (virtual).
- 7. <u>Graupensperger, S.</u>, & Evans, M. B. [presenter] (2020, October). Dynamic characteristics of groups and individuals that amplify adherence to perceived drinking norms in college club sport teams: A longitudinal multilevel investigation. Presented at the meeting of the Interdisciplinary Network for Group Research. (virtual). Available at: <u>https://youtu.be/RqU3ioqZzD0</u>.
- 8. Shirazipour, C., Evans, M. B., Latimer-Cheung, A., & Aiken, A. (2019, October). Examining the impact of sport recovery programming on competitors of the Toronto 2017 Invictus Games. Presented at the meeting of the Canadian Institute for Military and Veteran Health Research. Ottawa-Gatineau, QC.
- 9. <u>Graupensperger, S.</u>, Jones, D., Turrisi, R., & Evans, M. B. (2019, June). Identifying predictors of adherence to team drinking norms in college club-level athletes using multilevel moderation analyses. Presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity. Baltimore, MD.
- 10. <u>Graupensperger, S., Panza, M.,</u> Jones, D., Turrisi, R., & Evans, M. B. (2019, February). Susceptibility to alcohol-related peer influence in college club sports: moderating effects of sex, social identity, centrality, and team size on adherence to team drinking norms. Presented at the meeting of the Midwest Sport and Exercise Psychology Symposium. Lexington, KY.
- 11. <u>Panza, M., Graupensperger, S.,</u> Agans, J., Vella, S., & Evans, M. B. (2019, February). Associations between adolescents' mental health and participation in organized sport: a systematic review and meta-analysis. Presented at the meeting of the Midwest Sport and Exercise Psychology Symposium. Lexington, KY.
- **12. Evans, M. B.,** <u>Jasiulevicius, C.,</u> Shirazipour, C., & Belanger, J. (2018, October). Social cognitive and demographic predictors of parent-reported quality parasport participation for youth with disabilities. Presented at the National Federation of Adapted Physical Activity Symposium. Corvallis, OR.
- **13.** Robertson, M., Hague, C., **Evans, M. B.,** & Martin, L. J. (2018, October). Do participant reporting practices in youth sport research adequately represent variability in sport contexts? Presented at the Canadian Society for Psychomotor Learning and Sport Psychology, Toronto, ON.
- 14. <u>Graupensperger, S.</u>, Wilson, O. W., Papalia, Z., Duffey, M., Bopp, M., & Evans, M. B. (May, 2018). A longitudinal investigation of the association between alcohol use and physical activity in college students. Presented at the meeting of the Society for Prevention Research, Washington, D.C.

- **15.** Wolf, S. A., Tjallingii, H., **Evans, M. B.** & Sylvester, B. D. (2018, June). Gathering strength in numbers: Team cohesion leads to increased precompetitive excitement and decreased precompetitive anxiety through greater self-efficacy. Presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity, Denver, CO.
- 16. <u>Graupensperger, S.</u>, & Evans, M. B. (April, 2018). Day-to-day association between alcohol use and physical activity in university students. Presented at the meeting of the Association for Clinical and Translational Science, Washington, D.C.
- 17. <u>Graupensperger, S.</u>, Benson, A. J., Evans, M. B., (April, 2018). Group-level predictors of NCAA athletes' attitudes toward risky behavior. Presented at the meeting of the Society for Behavioral Medicine, New Orleans, LA.
- 18. Evans, M. B., Shirazipour, C., Zanhour, M., Allan, V., Sweet, S. N., Latimer-Cheung, A., & Martin Ginis, K. (October, 2017). Quality participation in parasport: Integrating evidence and community insights to develop a conceptualization of optimal parasport experiences. Presented at the Canadian Society for Psychomotor Learning and Sport Psychology, St. John's, NL.
- **19.** Allen, V., **Evans, M. B.,** Côté, J., Latimer-Cheung, A. (October, 2017). From the athletes perspective: How do coaches shape the quality of athletes' experiences in parasport. Presented at the Canadian Society for Psychomotor Learning and Sport Psychology, St. John's, NL.
- 20. <u>Graupensperger, S.</u>, Benson, A., <u>Budziszewski, R.</u>, & Evans, M. B. (October, 2017). Everyone else is doing it: The association between social identity and conforming to peer-influence in NCAA athletes. Presented at the Canadian Society for Psychomotor Learning and Sport Psychology, St. John's, NL.
- 21. <u>Budziszewski, R.</u>, McLaren, C., Gilchrist, J., & Evans, M. B. (2017, February). Examining social running contexts as supports for positive running identities, motives, and behaviors. Presented at the Midwest Sport and Exercise Psychology Symposium. Detroit, MI.
- 22. Shirazipour, C. H., Evans, M. B., Caddick, N., Smith, B., Aiken, A. A., Martin Ginis, K. A., & Latimer-Cheung, A. E. (2016, October). Understanding and fostering quality sport experiences among military veterans with a physical disability. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Waterloo, ON.
- **23.** Allan, V., Staehli, J. A., **Evans, M. B.,** Côté, J., & Latimer-Cheung, A. (2016, October). The role of parasport coaches in shaping the quality of athletes' sport experiences: Empirical findings and recommendations for practice. Presented at the Coaching Association of Canada Sport Leadership Sportif Conference, Richmond, B.C.

- 24. Harenberg, S., McCaffrey, R., Fitzgerald, R., Evans, M. B., Willfong, F., Moisondz, K., & Michaud, C. (2016, June). Perceptions of Competition under Zero-Sum and Within-Group Conditions in a Motor Task Game. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Montreal, Qc.
- 25. Allan, V., Staehli, J. A., Smith, H., Evans, M. B., & Côté, J. (2016, June). The dynamic influence of relationships in the development of elite individual sport athletes: A timeline approach. Presented at the annual meeting of the North American Society for the Psychology of Sport and Physical Activity, Montreal, Qc.
- **26.** Staehli, J. A., Allan, V., **Evans, M. B.,** Côté, J. (2016, March). The role of relationships in the development of elite distance runners' personal sport timelines. Presented at the Eastern Canada Sport and Exercise Psychology Symposium. Hamilton, On
- 27. Shirazipour, C. H., Evans, M. B., Smith, B., Côté, J., Aiken, A. B., Martin Ginis, K. A., & Latimer-Cheung, A. E. (2015, November). Exploring elements of quality sport programs for military veterans with a physical disability. Paper presentation at the 6th Annual Military and Veteran Health Research Forum, Quebec City, Qc.
- **28.** Lefebvre, J., **Evans, M. B.,** Turnnidge, J., Gainforth, H., & Côté, J. (2015, August). Classifying coach development programs in sport: A typology integrating academic literature, grey literature, and existing coaching curriculum. Presented at the ICCE Global Coach Conference. Vierumäki, Finland.
- **29.** McGuckin, M., **Evans, M. B.,** Bruner, M., Gainforth, H., & Côté, J. (2015, August). A systematic review and evaluation using the RE-AIM framework within interpersonal coaching development programs. Presented at the ICCE Global Coach Conference. Vierumäki, Finland.
- **30. Evans, M. B.,** Lithopoulos, A., Côté, J., Martin Ginis, K. A., & Latimer-Cheung, A. E. (2015, August). Conceptualizing the coach role in ensuring social engagement for sport participants with a physical disability. Presented at the ICCE Global Coach Conference. Vierumäki, Finland.
- **31.** McCalpin, M., **Evans, M. B., &** Côté, J. (2015, March). Exploring young female athletes' perceptions of their modified sport environment. Presented at the Eastern Canada Sport and Exercise Psychology Symposium. Ottawa, On.
- **32.** Allan, V., **Evans, M. B.,** & Côté, J. (2015, March). Exploring sport involvement timelines of elite middle- and long-distance runners: A proposed study. Presented at the Eastern Canada Sport and Exercise Psychology Symposium. Ottawa, On.
- **33.** McGuckin, M. E., Bruner, M. W., Côté, J., & **Evans, M. B.** (2015, March). Youth sport coaches' reflections on transformational leadership behaviors. Presented at the Eastern Canada Sport and Exercise Psychology Symposium. Ottawa, On.

- **34.** Lefebvre, J., **Evans, M. B., &** Côté, J. (2015, March). The influence of transformational leadership coaching behaviors on positive youth developmental outcomes. Presented at the Eastern Canada Sport and Exercise Psychology Symposium. Ottawa, On.
- **35.** Lithopoulos, A., **Evans, M. B.,** Côté, J., Martin Ginis, K. A., & Latimer-Cheung, A. (2015, March). A proposed systematic review of outcomes resulting from quality sport participation for people with physical disabilities. Presented at the Eastern Canada Sport and Exercise Psychology Symposium. Ottawa, On.
- **36.** Martin, L. J., & **Evans, M. B.** (2014, October). A conceptual analysis of cliques as described by elite level coaches. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. London, On.
- **37.** Hancock, D. J., Martin, L. J., **Evans, M. B.,** & Paradis, K. F. (2014, October). Selfidentification of group characteristics amongst hockey referees. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. London, On.
- **38.** Evans, M. B., & Eys, M. A. (2014, June). Perceptions of the group environment on individual sport teams: Experimentally comparing interdependence structures. Presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity annual meeting, Minneapolis, MN.
- **39.** Wilson, A. E., **Evans, M. B.,** Litvak, N., & Alisat, S. (2014, June). Psychological time and the motivation to pursue long-term goals. Invited paper presented at the annual Convention of the Canadian Psychological Association, Vancouver, B.C.
- **40. Evans, M. B.,** Cooke, L. M., Murray, R. A., & Wilson, A. E. (2014, March). Focusing on proximal versus distal outcomes influences behavioral regulation for exercise. Presented at the Eastern Canada Sport and Exercise Psychology Symposium. Toronto, On.
- **41. Evans, M. B.,** & Eys, M. A. (2013, October). Perceptions of the individual sport team environment are shaped by the structure of teammate interdependence. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Kelowna, B. C.
- **42.** Evans, M. B., & Buehler, R. (2013, October). The frog-pond effect: Social comparisons within intercollegiate cross country running teams. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Kelowna, B. C.
- **43.** Evans, M. B., & Buehler, R. (2013, June). The frog-pond effect: Social comparisons within intercollegiate cross country running teams. Presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity, New Orleans, LA.

- **44.** Murray, R. A., **Evans, M. B., &** Cooke, L. (2013, March). Understanding the temporal nature of exercise outcome expectations. Presented at the Eastern Canada Sport and Exercise Psychology Symposium. St. Catharines, On.
- **45.** <u>Murray, R. M.,</u> **Evans, M. B.,** Benson, A. J., Bray, S. R., & Eys, M. A. (2013, March). Testing the innuendo effect in a sport context. Presented at the Eastern Canada Sport and Exercise Psychology Symposium. St. Catharines, On.
- **46. Evans, M.B.,** & Eys, M. A. (2013, March). Predicting group processes using structures and perceptions of interdependence among individual sport teammates. Presented at the Eastern Canada Sport and Exercise Psychology Symposium. St. Catharines, On.
- **47. Evans, M. B.,** & Eys, M. A. (2012, November). Individual sport athletes' experiences in team environments. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Halifax, Nova Scotia.
- **48. Evans, M. B.,** & Wilson, A. E. (2012, March). Temporal distance to future selves in exercise: Relationships with intention-behaviour congruency and outcome expectations. Presented at the meeting of the Eastern Canada Sport and Exercise Psychology Symposium. London, Ontario.
- **49. Evans, M. B.,** Eys, M. A., & Loughead, T. M. (2011, November). Structural Interdependence and Group Environments: Beyond the Team-Individual Sport Dichotomy. Symposium conducted at the Asian South Pacific Association for Sport Psychology 6th International Congress. Taipei, Taiwan.
- **50.** Eys, M. A., Loughead, T. M., & **Evans, M. B.** (2011, November). Cohesion in sport: Considerations for younger sport participants. Symposium conducted at the Asian South Pacific Association for Sport Psychology 6th International Congress. Taipei, Taiwan.
- **51.** Loughead, T. M., Eys, M. A., & **Evans, M. B.** (2011, November). New considerations in the study of athlete leadership. Symposium conducted at the Asian South Pacific Association for Sport Psychology 6th International Congress. Taipei, Taiwan.
- **52.** Eys, M. A., Bruner, M., **Evans, M. B.**, Jewitt, E., Lougheed, T., & Wolf, S. (2011, June) Sources of enjoyment influence cohesion-motivational climate relationships in youth sport. Presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity. Burlington, Vermont.
- **53.** Hoar, S. D., Burton, D., Pickering, M. A., Link, C.A., **Evans, M. B.,** & Hoetmer, J. (2011, June) Preliminary validation of a new measurement model of competitive state anxiety. Presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity. Burlington, Vermont.

- **54.** Evans, M. B. & Wilson, A. E. (2011, March). How far away am I? Proposed study involving temporal distance to future selves in exercise. Presented at the Eastern Canadian Sport and Exercise Psychology Symposium. Waterloo, Ontario.
- **55.** Evans, M. B. & Hoar, S. D. (2010, October). Endurance athletes' coping efforts throughout competitive suffering episodes. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Ottawa, Ontario.
- **56.** Evans, M. B. & Hoar, S. D. (2010, April). Competitive suffering in endurance sport. Presented at the meeting of the Northwestern Society for Sport and Exercise Psychology, Moscow, Idaho.
- **57. Evans, M. B.,** Link, C. A., & Hoar, S. D. (2009, November). The stressors and coping efforts associated with Master's-level competition: A developmental population overlooked? Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Toronto, Ontario.

#### Poster

- 1. Evans, M. B., Jangin, K., Hui, R., & Lundale, C. (2022, July). Friends, groups, and categories: A systematic review to contrast subjective norm referents relating to college student drinking. Poster presentation at the Interdisciplinary Network for Group Research annual conference. Hamburg, Germany.
- 2. Leonard, K.S., Evans, M.B., Oravecz, Z., & Symons Downs, D. (2021, April). Low resting energy expenditure is associated with high gestational weight gain only when resting energy expenditure fluctuates. *Poster presented at The Society of Behavioral Medicine Annual Conference*. (Virtual)
- **3.** Graupensperger, S., Panza, M., & **Evans, M. B.** (2020, June) Conformity or projection? Prospective associations between team drinking norms and students' alcohol use frequency within club sport teams. Poster presented at the North American Society for the Psychology of Sport and Physical Activity, Vancouver, B.C., Canada.
- 4. Graupensperger, S., Panza, M., & Evans, M. B. (2020, June) How much alcohol does my team drink? Consensus emergence modeling of perceived and actual drinking norms in college club sport teams. Poster presented at the North American Society for the Psychology of Sport and Physical Activity, Vancouver, B.C., Canada.
- **5.** Evans, M. B. (2020, Feb). An intensive longitudinal examination of momentary patterns in students' exercise outcome cognitions. Poster presented at the Society for Personality and Social Psychology, New Orleans, LA.

- 6. <u>Panza, M., Graupensperger, S.,</u> Agans, J., Vella, S., Dore, I., & Evans, M. B. (2019, October). Associations between adolescent organized sport participation and symptoms of anxiety and depression: A systematic review and meta-analysis. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Vancouver, British Columbia.
- 7. McGuire, C., Evans, M. B., & Martin, L. J. (2019, October). Perceiving and experiencing subgroups in sport: a conceptual and qualitative approach. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Vancouver, British Columbia.
- 8. Evans, M. B., <u>Graupensperger, S.</u>, Benson, A. J., Eys, M. A., Hastings, B., & Gottschall, J. (2019, June). Groupness perceptions and basic needs satisfaction within fitness groups. Presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity, Baltimore, MD.
- 9. <u>Graupensperger, S., Panza, M.,</u> & Evans, M. B. (2019, June). A social network approach to examining friendship and interactions as predictors of social identity in college club-level athletes. Presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity. Baltimore, MD.
- <u>Graupensperger, S.</u>, Jones, D., Turrisi, R., & Evans, M. B. (May, 2019). Heavy episodic drinking predicts peer group centrality: social network analysis within college club sport teams. Presented at the meeting of the Society for Prevention Research. San Francisco, CA.
- 11. <u>Corey, J., Graupensperger, S.,</u> & Evans, M. B. (2019, February). Outcome expectations and self-efficacy as predictors of exercise behavior among college students. Presented at the meeting of the Midwest Sport and Exercise Psychology Symposium. Lexington, Kentucky.
- 12. Robertson, M., Hague, C., Evans, M. B., & Martin, L. J. (2018, October). Do participant reporting practices in youth sport research adequately represent variability in sport contexts? Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Toronto, Ontario.
- Graupensperger, S. A., Benson, A. J., Eys, M. A., Gottschall, J. S., Hastings, B., & Evans, M. B. (2018, July). Perceptions of groupness during group fitness: A betweenand within-person examination. Presented at the annual meeting for the Interdisciplinary Network for Group Research. Washington, D.C.
- 14. Ehle, R., Hancock, D. J., Paradis, K. F., Evans, M. B., & Martin, L. J. (June, 2018). An assessment of sport officials' perceptions of group cohesion. Presented at the meeting of the North American Society for the Psychology of Sport and Physical Activity, Denver, CO.

- **15.** <u>Graupensperger, S. A.</u>, & **Evans, M. B.** (2017, October). Associations between obesity and psychological morbidity of depression and anxiety in spinal cord injury patients. Presented at the American Congress of Rehabilitation Medicine. Atlanta, GA.
- **16. Evans, M. B.,** McLaren, C., <u>Budzisewski, R.,</u> & Gilchrist, J. (2017, July). Exploring how running groups impact personal running identities and running behavior. Presented at the annual meeting for the Interdisciplinary Network for Group Research. St. Louis, MO.
- 17. Evans, M. B., Allan, V., Erickson, K., Martin, L. J., <u>Budziszewski, R.</u>, & Côté, J. (2017, March). Systematic Review of Young Athletes' Psychosocial Experiences Across Sport Types, Settings, and Activity Patterns. Presented at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. San Diego, CA.
- **18. Evans, M. B.,** & McLaren, C. (2016, October). Imagine running together: Preliminary experimental study of how running group membership impacts personal running identities. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Waterloo, On.
- Donkers, J. L., Martin, L. J., & Evans, M. B. (2016, October). Psychological collectivism in youth athletes on individual sport teams. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Waterloo, On.
- 20. Hoar, S. D., Evans, M. B., <u>Budziszewski, R.</u>, & Barrette, S. (2016, October). The role of psychological characteristics in facilitating the pathway to elite performance among North American cross country skiers. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Waterloo, On.
- **21.** Martin, L. J., **Evans, M. B.,** & Bruner, M. W. (2016, October). The assessment of subgroups in youth sport via interviews informed by social network analysis. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Waterloo, On.
- 22. Shirazipour, C. H., Evans, M. B., Leo, J., Lithopoulos, A., Martin Ginis, K. A., & Latimer-Cheung, A. E. (2016, October). A systematic review of quality participation context characteristics in community-based physical activity programs for people with physical disabilities. Presented at Canadian Society for Psychomotor Learning and Sport Psychology. Waterloo, On.
- **23.** Evans, M. B., Martin, L. J., & Spink, K. (2015, October). Conceptualizing affective responses to inclusion and exclusion: The case of subgroups in sport teams. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Edmonton, Alberta.

- 24. Martin, L. J., Wilson, J., Evans, M. B., & Spink, K. (2013, October). "Where is that 'clique'ing sound coming from?" Athletes' perceptions of cliques within teams. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Kelowna, British Columbia.
- **25. Evans, M. B.,** Eys, M. A., & Bruner, M. (2011, October). Finding the 'team' in individual sport: A conceptual group typology using interdependence. Presented at the meeting of the Canadian Society for Psychomotor Learning and Sport Psychology. Winnipeg, Manitoba.
- **26.** Evans, M. B. & Hoar, S. D. (2009, September). Transition from sport: A reflective account of working with an athlete with a disability. Presented at the meeting of the Association of Applied Sport Psychology. Salt Lake City, Utah.

#### **Research Support**

#### Grants and contracts submitted

SSHRC - Partnership Grant (Stage 2)	2023-30
Canadian Disability Participation Project 2.0: Developing, Implementing and Evaluatin	g
Quality Sport, Exercise and Play Experiences for Canadians with Disabilities	
Total Costs: \$2,500,000	
Role: Co-I (PI: Amy Latimer-Cheung)	
Grants and contracts funded	
SSHRC - Insight Grant	2022-25
Social influences on health behaviours in groups: A social network approach.	2022 23
Total Costs: \$70,090	
Role: PI	
SSHRC - Partnership Grant LOI (Stage 1)	2022
The Canadian Disability Participation Project 2.0.	
Total Costs: \$20,000	
Role: Co-I (PI: Amy Latimer-Cheung)	
SSHRC - Partnership Engage Grant	2021-23
Mapping peer mentorship and support networks in a regional paramedic services organ	ization
Total Costs: \$23,783	
Role: PI	
SSHRC - Insight Grant	2020-23
'The company they keep': A nuanced investigation of peer groups in youth sport.	
Total Costs: \$98,900	
Role: Collaborator (Dr. Luc J. Martin, PI)	

Grant and contracts completed

**SSHRC - Partnership Development Grant** 2019-22 An evidence-informed, partnered approach to building accessible, inclusive quality sport programming for Canadians with a disability. *Total Costs: \$200,000* Role: Co-I (Dr. Amy Latimer-Cheung, PI) NCAA Graduate Student Research Grant Program 2020 Staying ahead of the curve: A dynamic norms approach to reduce alcohol use intentions and *behaviors in student-athletes* Total Costs: \$5,625.00 USD Role: Mentor/Co-I (awarded to S. Graupensperger). NIH, Predoctoral Ruth L. Kirchstein National Research Service Award (F31) 2019-20 Employing longitudinal and social network analyses to examine how interacting small group norms influence college student alcohol use. Total Costs: \$70,134 USD Role: Sponsor (S. Graupensperger, Student). **Center for Rural Pennsylvania** 2018-19 Exploring disparities in school sport participation in rural Pennsylvania Total Costs: \$15,000 USD Role: PI. **US Lacrosse Foundation** 2018-19 Team talk: Developing & evaluating a peer-based mental health intervention in youth lacrosse Total Costs: \$29, 916.00 USD Role: PL **SSHRC - Institutional Grant** 2018 The development of a valid and reliable questionnaire to evaluate the impact of cliques for youth experiences in sport Total costs: \$6,979.00 Role: Co-I (Dr. Luc Martin, PI). **SSHRC - Partnership Grant** 2013-2020 Canadian Disability Participation Project Total Costs: \$3,100,000 (Grant# 895-2013-1021) Role: Co-I (Dr. Kathleen Martin Ginis, PI). 2017-19 **SSHRC - Insight Development** An exploration of quality participation within an assisted recreation program Total costs: \$72,867.00 Role: Co-I (Dr. Jennifer Tomasone, PI).

Les Mills International (research contract) Group dynamics research proposal Total costs: \$5,000 USD Role: PI.	2017-18
NCAA Graduate Student Research Grant Program Everyone else is doing it: Predicting susceptibility to peer influence in NCAA student at Total Costs: \$6,000.00 USD (OSP# 191665) Role: Mentor/Co-I (awarded to S. Graupensperger).	2016-17 thletes
Coaching Research Grant, The FA, Staffordshire, UK <i>Total Costs: £15,000 GBP</i> Role: Co-PI (with Dr. J. Côté). Internal funding for outreach	2015
<b>Community Service Endowment and Endowment for Teaching Excellence</b> Supporting Parasport Outreach in The Pennsylvania Sport Community College of Health and Human Development Costs: \$5,935.25 USD (with Dr. J. Belanger)	2017

M. Blair Evans

#### **Student mentorship**

#### Graduate student supervision and mentorship, Western

Committee chair	
Carly Lundale (MSc), Psychology	2022-
Rachel Edwards (MSc), Psychology	2022-
Roy Hui (MSc), Psychology	2021-

#### Graduate examination committee member

2022, Psychology: Danika Quesnel (MSc), Deanna Walker (PhD), Leonid Beletski (MSc), Tianyue Xu (MSc), Helen Lee (PhD)
2022 Kinesiology: Taia McEachern (MSc)
2021, Psychology: Jennifer Lynch (MSc), Jose Espinoza Mogollon (PhD)

#### Graduate advisory committee member

Tianyue Xu (2020-22), Zhuo Li (2021-), Jennifer Lynch (2021-); Vishal Sooknanan (2021-), Lynden Jenson (2022-), Sam Jones (2022-), Shruti Kumar (2022-)

#### Undergraduate student supervision and mentorship, Western

Honour's thesis chair: Alyssa Wiebe (2023); Karissa Riley (2023); Victor Yoon (2022); Xuanchao Yang (2022); Sami Mghazli (2021); Nadia Buhot (2021)

### Graduate student supervision and mentorship, Penn State

<b>Committee chair</b> Scott Graupensperger (PhD), Kinesiology & Clinical/Translational Science Michael Panza (MSc) Kinesiology	2020 2020
Dissertation committee membership	
Oliver Wilson, Kinesiology	2020
Krista Leonard, Kinesiology	2020
Jason Yang, Kinesiology	2017
Doctoral Comprehensive/Candidacy committee membership	
Ashley Sanders, Kinesiology	2019
Krista Leonard, Kinesiology	2019
Nishat Bhuiyan, Kinesiology	2019
Jason Yang, Kinesiology	2017
Zach Papalia, Kinesiology	2015
Undergraduate student supervision and mentorship, Penn State Honour's thesis chair: Jacob Corey (2020); Janelle Rothacker (2019)	
International visiting students [1 month or more in the Team lab]	
Caroline Bour, Master's student, École normale supérieure de Rennes	2018
Alba Rodrigues, Master's student, Universidade Estadual de Campinas	2017
Student supervision and mentorship, Other Locations	
Graduate Thesis Committee Membership, Other Locations	
Mitch Profeit, Master's student, Queen's University	2022-
Tayah Liska, PhD student, McGill University	2022-
Cara Dodson, Master's student, Georgia Southern	2022-
Laura Koch, Master's student, Queen's University	2021
Krystn Orr, PhD student, University of Toronto	2020
Kelsey Saizew, Master's student, Queen's University	2018
Alba Rodrigues, Master's student, Universidade Estadual de Campinas	2018
Janice Donkers, Master's student, University of Lethbridge	2015
Veronica Allan, Master's student, Queen's University	2014

#### **Professional Service**

### **Professional Service (Western)**

#### 2022-23 Academic year

University-level: Non-Medical Research Ethics Board Member (NMREB)

#### Faculty-level: N/A

*Department-level*: Annual Performance Evaluation Committee (APE); Graduate student selection committee; Psychology I/O Unit Comprehensive Exam Chair;

#### 2021-22 Academic year

*University-level:* Non-Medical Research Ethics Board Member (NMREB) *Faculty-level:* Graduate scholarship selection committee (CGS-M) *Department-level:* Graduate scholarship selection committee (CGS-M; OGS); Psychology I/O Unit Comprehensive Exam Chair; Thesis examination chair (twice)

#### 2020-21 Academic year

*Faculty-level:* Graduate scholarship selection committee (CGS-M) *Department-level:* Graduate scholarship selection committee (CGS-M; OGS); Psychology I/O Unit Comprehensive Exam Chair; Thesis exam chair (twice)

#### **Professional Service (Penn State)**

Member of search committee (Assistant Teaching Professor, Kinesiology)	2019
Member of Clinical and Translational Science faculty	2019
Kinesiology diversity committee chair	2018
Kinesiology undergraduate curriculum committee	2016-2018
Dorothy Harris lecture speaker series coordinator	2016, 2019

#### **Support of Academic Societies**

Sport and Exercise Psychology Organizing Committee (Online),	2021
Canadian Society for Psychomotor Learning and Sport Psychology	
Sport and Exercise Psychology Organizing Committee (Online),	2020
North American Sport and Exercise Psychology Association	
Contributor to 'the Digest', Journal of Sport and Exercise Psychology	2017-2019
(i.e., reviews of recent articles from other journals, relevant to sport and exercise	e)

#### **Editorial Board Membership**

Journal of Applied Sport Psychology (November 2018+; 4 reviews per year) Sport, Exercise, & Performance Psychology (January 2018+; 4 reviews per year) Adapted Physical Activity Quarterly (March 2018+; 3 reviews per year)

#### Ad Hoc Reviewer (Journal, number of reviews, date range)

Psychology of Sport and Exercise, 16 (2013+) The Sport Psychologist, 8 (2014-2015, 2018+) Journal of Sport & Exercise Psychology, 9 (2015+) International Journal of Sport and Exercise Psychology, 11 (2015+) Qualitative Research in Sport, Exercise, and Health, 8 (2018+) Journal of Sports Sciences, 5 (2015-2016, 2019+) Scandinavian Journal of Medicine and Science in Sports, 5 (2015+) International Sport Coaching Journal, 2 (2014-2015) Research Quarterly in Exercise and Sport, 5 (2015-2016, 2019+) European Journal of Sport Science, 3 (2016+)

2022-

Group Dynamics: Theory, Research, and Practice, 4 (2017+) Journal of Physical Activity and Health, 2 (2018+) Journal of Behavioral Medicine, 2 (2018+) Kinesiology Review, 2 (2019+) Translational Behavioral Medicine, 3 (2019+) International Review of Sport and Exercise Psychology, 2 (2018+)

*Other journals*: Social Development, Annals of Behavioral Medicine; PLOSOne; European Journal of Social Psychology; Medicine & Science in Sports & Exercise; Self and Identity; Systematic Reviews; Sport Medicine; Disability and Rehabilitation; Journal of Behavioral Medicine; Journal of American College Health; Anxiety, Stress, and Coping.

#### **Grant Reviews**

Ad Hoc Reviewer, Swiss National Science Foundation	2022
Ad Hoc Reviewer, MITACS Accelerate grant	2021
Ad Hoc Reviewer, C2 Grant - Industrial Research Council, KU Leuven (Belgium)	2019
Ad Hoc Reviewer, SSHRC Insight Grant	2018
Panel Reviewer, GRFP grant review (National Science Foundation)	2017

#### **University Affiliations via Adjunct Status**

University of Toronto, Faculty of Kinesiology & Physical Education (2016-2021) Queen's University, Dept. of Kinesiology and Health Studies (2015-2022) University of Lethbridge, Dept. of Kinesiology and Physical Education (2015-2020)

#### **Academic Society Affiliations**

Interdisciplinary Network for Group Research (Since 2017) Canadian Society for Psychomotor Learning and Sport Psychology (Since 2008) North American Society for the Psychology of Sport and Physical Activity (Since 2011)

Professional Development	
Mental Health First Aid (youth)	2019
Ever Better Mentoring (Online modules and workshop, Penn State CTSI)	2018

#### **Community Involvement**

#### **Committee Roles**

#### Work wellness institute, Review Committee

Four times per year, I am assigned academic articles, program/intervention reports, and other documents for review of scholarly quality prior to posting as a resource relating to wellness in the workplace.

#### **Knowledge Translation**

Exploring Disparities in School Sports Participation in Rural Pennsylvania2020Funded research analyzing publicly available sport involvement data, followed by original<br/>qualitative interviews with stakeholders. Report was prepared on behalf of the2020

Pennsylvania State Legislature. Published report: https://www.rural.palegislature.us/documents/reports/Disparities-in-Sports-Participation-2020.pdf

#### A Blueprint for Building Quality Experiences in Parasport

2017

Knowledge mobilization tool, developed as part of the Canadian Disability Participation Project. Developed by Veronica Allan and Jasmin Ma.

Resource designed for administrators of sport organizations to evaluate the participation experiences of participants in their programs.

https://cdpp.ca/resources-and-publications/blueprint-building-quality-participation-sport-childrenyouth-and-adults

Also translated by community members: https://cdn3.sportngin.com/attachments/document/0151/0892/Everyone Plays\_Book\_web.pdf

#### **Consulting and white papers**

2020

Why we run whitepaper; Strava20Consulted with online fitness tracking company to study social influence on running.20Published white paper:https://whywerun.strava.com/assets/whitepaper/Whitepaper Strava WhyWeRun 012320.pdf

#### **External speaking events**

Using Norms in Prevention Efforts. *Webinar with J. Linkenbach and J. Kilmer for the* NCAA 360 Proof webinar series. National Collegiate Athletics Association (virtual) (April, 2022)

Athletes and Mental Health During COVID-19. *Webinar for US Lacrosse (virtual)* (June, 2020)

#### Internal speaking events

Modelling age-varying associations between group memberships, neighborhood connectedness, and well-being *COVID 19 - Recovery and Resilience Research Workshop, Western University Network for Economic and Social Trends* (April 2021)

Considering the 'menu' of uses for social network analyses in medical education. Centre for Education Research & Innovation Research Seminar, Schulich School of Medicine and Dentistry (February 2021)

Associations between health behavior and small group phenomena: Multilevel perspectives applied to sport teams and exercise groups. *Penn State Methodology Center Brown-Bag* (September 2019)

Sport and exercise groups as peer ecologies: Implications for prevention. Seminar for the Penn State Prevention and Methodology Training Center (March 2019)

#### Public Community Outreach Dr. Evans and Team Lab members

Volunteering/community engagement, Rec Fest, PSU Hershey MC2017, 201Team lab attended and volunteered at disability sport/recreation event2017, 201	3, 2019
Study Visit, The Football Association (the FA; UK) Met with coach developers and attended coach education sessions	2015
Committee Member, Waterloo Region Active Living Network201Subcommittee for Regional Physical Activity Charter Development201Assisted in development of regional physical activity blueprint and charter201	1-2012
Consulting with Teams and Organizations	
Research consultant, STRAVA Fitness App	2019
<b>Integrated Service Team Member,</b> Canadian Cross Country Skiing National Development Center, Thunder Bay (2014-2016)	_017
	4-2015
	3-2014
Mental trainer, University of Lethbridge Women's Hockey; Men's Basketball	2010
<ul> <li>Group dynamics and emotions in elite cross country skiing – Canadian Cross Count Association. Canmore, Alberta. (Spring 2016)</li> <li>Belongingness in the Canadian Cross Country skiing community – Cross Country S National Championships Women's Committee Event, Thunder Bay. (Spring 2015)</li> </ul>	-
Media – Print, Television, Radio	
Press release of new course development by Western University	2022
"Western undergrads take on real-world business challenges"	
News article: https://news.westernu.ca/2022/07/undergrads-solve-business-challenges/	
Video: https://youtu.be/7nvoCL92X9Y	
Online news article on (Healie Bayshistory' (healie com)	2020
Online news article on 'Healio Psychiatry' (healio.com) "College students' peer groups significantly influence alcohol use."	2020
https://www.healio.com/psychiatry/substance-use-disorders/news/online/%7Bb66f364a-1	-87-
46d2-b143-d2885b9090c7%7D/college-students-peer-groups-significantly-influence-alco	
Press release of student success by Penn State News "Translational science training programs andited with student success,"	3010
"Translational science training programs credited with student success." https://news.psu.edu/story/554651/2019/01/16/academics/translational-science-training-	2019
maps. mews.psu.edu/story/00/00/00/1/00/10/adademies/translational-selence-training-	2019
programs-credited-student-success	2019
programs-credited-student-success	2019

# **Summary of research outputs by Les Mills International** "Tapping into the power of group dynamics"

2018

#### 2018

2015

#### 2015

## Focus of sport science commentary on Fasterskier.com

2014 How your Sport Psychology research gets done: http://fasterskier.com/article/how-your-sportspsychology-research-gets-done-based-on-days-spent-ski-racing/ Team dynamics in individual sports: http://fasterskier.com/article/this-month-in-journals-teamdynamics-in-individual-sports-how-to-prescribe-intervals/

https://www.youtube.com/watch?v=nEjERfTum7c

https://www.lesmills.com/us/clubs-and-facilities/club-management/tapping-into-the-power-ofgroup-dynamics-research/

## Summary of article released by Penn State News

"Tight-knit teammates may conform to each other's behavior" https://news.psu.edu/story/533404/2018/08/30/research/tight-knit-teammates-may-conformeach-others-behavior

## Press release of article by UBC media relations

"Researchers review quality of exercise options for those with disabilities" https://news.ok.ubc.ca/2018/05/30/canadian-researchers-review-quality-of-exercise-options-forthose-with-disabilities/

## **Executive summary of article prepared by SportsCoachUK**

Coach-centered article describing approaches for socializing new athletes onto teams, prepared by a sport education organization in the United Kingdom. http://www.sportscoachuk.org/sites/default/files/no19%20bringing%20new%20players%20into %20a%20team.pdf

## Contributor to editorial in the "Costco Connection"

Summer 2015 editorial debating the pros and cons of changing youth sports so that the score is no longer kept (Volume 28, No. 6) http://www.costcoconnection.ca/connectioncaeng/20150910?pg=16#pg16

How we suffer: http://fasterskier.com/article/this-month-in-journals-how-we-suffer/