

*Curriculum Vitae***Alex J. Benson***Department of Psychology**Social Science Centre, Rm 8408, Western University**London, Ontario, Canada, N6A 5C2**phone: 519-661-2111 ext. 85895 • e-mail: abenson3@uwo.ca*Google scholar page: <https://scholar.google.ca/citations?user=po-D11wAAAAJ&hl=en>orcid: <https://orcid.org/0000-0002-5978-065X>OSF page: <https://osf.io/w4n9p/>**EDUCATION**

- 2012-2016 **Wilfrid Laurier University, Waterloo, ON, Canada**
Ph.D., Social Psychology, Wilfrid Laurier University
- 2014 **Bangor University, Bangor, Wales, United Kingdom**
Visiting Scholar at the Institute for Psychology of Elite Performance
- 2010-2012 **Wilfrid Laurier University, Waterloo, ON, Canada**
M.Sc., Kinesiology
- 2006-2010 **Wilfrid Laurier University, Waterloo, ON, Canada**
Honours B.Sc., Kinesiology

POSITIONS HELD

- 2023-current **Western University, London, ON, Canada**
Associate Professor, Department of Psychology
- 2017-2023 **Western University, London, ON, Canada**
Assistant Professor, Department of Psychology
- 2016-2017 **Nipissing University, North Bay, ON, Canada**
SSHRC Postdoctoral Fellow, School of Physical and Health Education

RESEARCH SUPPORT

- 2025-2027 **Social Sciences and Humanities Research Council of Canada and Sport Canada**
Sport Participation Research Initiative
All together: A novel approach to understanding the interpersonal dynamics of teamwork in sport
Role: *Co-investigator* (PI: Desmond McEwan)
\$194,730.00

2024-2025	<p>Mitacs Accelerate Grant <i>Assessing Equity, Diversity, and Inclusion in a Not-For-Profit Organization:</i> Role: <i>Co-investigator</i> (PI: Hayden Woodley) \$45,000</p>
2022-2024	<p>Social Sciences and Humanities Research Council of Canada Insight Development Grant <i>Making us whole again: Developing culturally appropriate, evidence driven evaluations for Indigenous sport organizations in Canada</i></p> <p>Role: Co-investigator (PI: Taylor McKee) \$74,405</p>
2021-2026	<p>Social Sciences and Humanities Research Council of Canada Insight Grant <i>A relational perspective of social rank dynamics in teams: Zooming in on the roles of followership and leadership</i></p> <p>Role: Principal investigator \$203,119.00</p>
2020-2023	<p>Social Sciences and Humanities Research Council of Canada Insight Grant <i>'The company they keep': A nuanced investigation of peer groups in youth sport</i></p> <p>Role: Co-investigator (PI: Luc Martin) \$98,900</p>
2019	<p>Social Sciences and Humanities Research Council of Canada Partnership Engage Grant <i>Don't tell me how to lead! The effects of personality on the transfer of a leadership development program</i></p> <p>Role: Co-investigator (PI: Hayden Woodley) \$23,753</p>
2019	<p>Canada Foundation for Innovation John R. Evans Leaders Fund <i>Social Observation Laboratory</i></p> <p>Role: Co-investigator (PI: Erin Heerey) \$462,513</p>
2018-2020	<p>Mitacs Accelerate Grant <i>Having a pulse for the group</i></p> <p>Role: Co-investigator (PI: Luc Martin) \$13,333</p>

- 2018-2021 **Social Sciences and Humanities Research Council of Canada**
Insight Development Grant
Do great followers make great leaders? Disentangling the traits valued in followers and leaders
Role: Principal Investigator
\$55,971
- 2018-2020 **Western University**
SSHRC Internal Seed Research Grant
Evaluating the consequences and dynamics of conflict during the socialization of newcomers
Role: Principal Investigator
\$23,873
- 2018 **Mitacs**
Accelerate Internship Program
Assessing trust of artificial intelligence technology in the context of workplace relations
Role: Principal Investigator
\$30,000
- 2017-2018 **Social Sciences and Humanities Research Council of Canada**
Postdoctoral Fellowship
\$81,000 (accepted \$40,500).
- 2017 **Social Sciences and Humanities Research Council of Canada and Sport Canada**
Sport Participation Research Initiative Postdoctoral Supplement
\$10,000
- 2013-2016 **Social Sciences and Humanities Research Council of Canada**
Joseph-Armand Bombardier Doctoral Canada Graduate Scholarship
\$105,000
- 2015 **North American Society of Psychology for Sport and Physical Activity**
Graduate Student Research Grant
\$1,800
- 2014 **Social Sciences and Humanities Research Council of Canada**
Michael Smith Foreign Study Supplement
\$6,000
- 2014 **Social Sciences and Humanities Research Council of Canada and Sport Canada**
Sport Participation Research Initiative Doctoral Supplement
\$10,000

AWARDS AND HONOURS

2022	Journal of Sport & Exercise Psychology, Excellence in Reviewing Award
2017	30 for 30 Award, Wilfrid Laurier Graduate Students Association
2016	Franklin Henry Young Scientist Award: Sport Psychology, Canadian Society for Psychomotor Learning and Sport Psychology
2016	Gold Medal of Academic Excellence at the Doctoral Level, Wilfrid Laurier University
2012	Gold Medal of Academic Excellence at the Master's Level, Faculty of Science, Wilfrid Laurier University

PUBLICATIONS

Journal Articles

1. **Benson, A. J.**, Woodley, H. J. R., Jensen, L., & Hardy, J. H. (2024). Mapping the traits desired in followers and leaders on fundamental dimensions of social evaluation. *Journal of Experimental Psychology: Applied*. Advance online publication. <https://doi.org/10.1037/xap0000514>
2. McGuire C. S., Saizew, K., **Benson, A. J.**, Côté, J., Erickson, K., Maw, A., Murata, A., Profeit, M., Wolff, M., Ladd, B., & Martin, L. J. (accepted). A RE-AIM evaluation of the '1616' sport-based positive youth development program. *Journal of Sport for Development*.
3. Revell, C., Gayman, A., **Benson, A. J.**, & Eys, M. (accepted). Drawing team members together: Intersection of socialization tactics and proactivity with cohesion. *Journal of Sport & Exercise Psychology*.
4. Evans, M. B., & **Benson, A. J.** (2024). Leveraging social relations modelling and social network analysis to understand the structure and nature of interpersonal processes in groups. *Sport, Exercise, and Performance Psychology*. Advance online publication. <https://doi.org/10.1037/spy0000366>
5. Xu, T., & **Benson, A. J.** (2024). How narcissism relates to upward-status disagreement in virtual project design teams. *Self and Identity*, 23 (1-2), 49-69. <https://doi.org/10.1080/15298868.2024.2314922>
6. Xu, T., Evans, M. B., & **Benson, A. J.** (2024). The nature of status: Navigating the diverse approaches to conceptualizing and measuring status. *Organizational Psychology Review*, 14(2), 204-237. <https://doi.org/10.1177/20413866231220505>
7. Li, Z., Lynch, J., Sun, T., Rizkyana, A., Cheng, J. T., & **Benson, A. J.** (2024). Power motives, personality correlates, and leadership outcomes: A person-centered approach, *Journal of Personality*, 92(4), 1211-1228 <http://doi.org/10.1111/jopy.12882>

8. Lynch, J., & **Benson, A. J.** (2024). Putting oneself ahead of the group: The liability of narcissistic leadership. *Personality and Social Psychology Bulletin*, 50(8), 1211-1226. <https://doi.org/10.1177/01461672231163645>
9. Evans, M. B., Zhuo, L., **Benson, A. J.** (2024). Modelling age-varying associations between group memberships, neighborhood connectedness, and wellbeing. *Canadian Journal on Aging*, 43(1), 175-184. <https://doi.org/10.1017/S0714980823000569>
10. McEwan, D., Shah., E. J., Crawford, K. L., Jackman, P. C., Hoffman, H. D., Cardinal, E., Bruner, M. W., McLaren, C. D., & **Benson, A. J.** (2023). The psychometric properties of two shorter versions of the multidimensional assessment of teamwork in sport. *Journal of Sport & Exercise Psychology*, 45(6), 325-336. <https://doi.org/10.1123/jsep.2023-0147>
11. McGregor, A. J., Baird, N., Jensen, L., & **Benson, A. J.** (2023). Narcissism and seeing red: How perceptions of social rank conflict fuels dominance in teams. *Personality and Individual Differences*. 214, 112328. <https://doi.org/10.1016/j.paid.2023.112328>
12. MacDonald, K. B., **Benson, A. J.**, Sakaluk, J. K., Schermer, J. A. (2023). Pre-occupation: A meta-analysis and meta-regression of gender differences in adolescent vocational interests. *Journal of Career Assessment*, 31 (4), 715-738. <https://doi.org/10.1177/106907272211487>
13. **Benson, A. J.**, McGregor, A., Martin, L. J., Allen, N. J., & Bruner, M. B. (2023). The rank dynamics of integrating new members: The process of hierarchical crafting. *Sport, Exercise, and Performance Psychology*, 12(1), 72-88. <https://doi.org/10.1037/spy0000315>
14. Cheng, J. T., Gerpott, F. H., **Benson, A. J.**, Buckner, B., Foulsham, T., Lansu, T. A. M., Schülke, O., & Tsuchiya, K. (2023). Eye gaze and visual attention as a window into leadership and followership: A review of empirical insights and future directions. *The Leadership Quarterly*, 34(6), 101654. <https://doi.org/10.1016/j.leaqua.2022.101654>
15. Sutcliffe, J., **Benson, A. J.**, McLaren, C. D., & Bruner, M. W. (2023). Part of the Team: The Social Identity Questionnaire for Sport Parents (SIQS-P). *Measurement in Physical Education and Exercise Science*, 27(22), 114-124. <https://doi.org/10.1080/1091367X.2022.2092740>
16. Gazmin, S., McGuire, C. S., **Benson, A. J.**, & Martin, L. J. (2023). What about the family? Onboarding athletes' entourage into professional sport organizations. *Journal of Applied Sport Psychology*, 35(3), 392-411. <https://doi.org/10.1080/10413200.2022.2032478>
17. Godfrey, M. & **Benson, A. J.** (2023). Seeds of doubt: How the source of mentorship initiation influences mentoring expectations. *Current Psychology*. 42, 13358–13368 <https://doi.org/10.1007/s12144-021-02573-y>
18. Herbison, J. D., Sutcliffe, J., Martin, L. J., McLaren, C. D., Slatcher, R. B., **Benson A. J.**, Boardley, I. D., Côté, J., & Bruner, M. W. (2022). Capturing coaches' identity leadership within youth sport. *Psychology of Sport & Exercise*, 61, 102208. <https://doi.org/10.1016/j.psychsport.2022.102208>
19. Baird, N., & **Benson, A. J.** (2022). Getting ahead while getting along: Followership as a key ingredient for shared leadership and reducing team conflict. *Frontiers in Psychology*, 13, 923150. <https://doi.org/10.3389/fpsyg.2022.923150>

20. Li, Z., & **Benson, A. J.** (2022). Culture and narcissism: The roles of fundamental social motives. *Current Research in Behavioral Science*, 3, 100072. <https://doi.org/10.1016/j.crbeha.2022.100072>
21. Lynch, J., McGregor, A., & **Benson, A. J.** (2022). My way or the highway: Narcissism and dysfunctional team conflict processes. *Group Processes and Intergroup Relations*, 25 (4), 1157-1171. <https://doi.org/10.1177/13684302211001944>
22. Forsyth, J., McKee, T., & **Benson, A. J.** (2021). Data, development discourse, and decolonization: Developing an Indigenous evaluation model for Indigenous youth hockey in Canada. *Canadian Ethnic Studies*, 53(3), 121-140. <https://doi.org/10.1353/ces.2021.0022>
23. Gottlieb, M., Eys, M., Hardy, J., & **Benson, A. J.** (2021). Valued insight or act of insubordination? How context shapes coaches' perceptions of challenge-oriented followership. *Journal of Sport and Exercise Psychology*, 43 (6), 488-496. <https://doi.org/10.1123/jsep.2021-0122>
24. Herbison, J. D., Martin, L. J., **Benson, A. J.**, McLaren, C. D., Slatcher, R. B., Boardley, I. D., Sutcliffe, J., Côté, J., Carré, J. M., & Bruner, M. W. (2021). "Beyond the rink": A multilevel analysis of social identity behaviours captured using the Electronically Activated Recorder (EAR). *Journal of Sport and Exercise Psychology*, 43 (6), 441-449. <https://doi.org/10.1123/jsep.2020-0343>
25. Borrego, C. C., Monteiro, D., **Benson, A. J.**, & Teixeira, E. Silva, C. (2021). Disentangling the effects of ego-involving and task-involving climate perceptions on cohesion in youth sport. *Sport, Exercise, and Performance Psychology*, 10(4), 558–570. <https://doi.org/10.1037/spy0000270>
26. McLaren, C. D., Boardley, I. D., **Benson, A. J.**, Martin, L. J., Fransen, K., Herbison, J. D., Slatcher, R. B., Carré, J. M., Côté, J., & Bruner, M. W. (2021). Follow the leader: Identity leadership and moral behaviour in social situations among youth sport teammates. *Psychology of Sport and Exercise*, 55, 101940. <http://doi.org/10.1016/j.psychsport.2021.101940>
27. Chamberlain, J. J., Hall, C. R., & **Benson, A. J.** (2021). How team socialization processes relate to youth ice hockey players' social identity strength and cohesion. *Sport, Exercise, and Performance Psychology*, 10(4), 475–488. <https://doi.org/10.1037/spy0000262>
28. Sutcliffe, J.T., Herbison, J.D., Martin, L.J., McLaren, C.D., Slatcher, R., **Benson, A.J.**, Van Woezik, R., Boardley, I.D., Carré, J.M., Côté, J., Bruner, M.W. (2021). Exploring parent-child sport related communication outside of the sport environment with the Electronically Activated Recorder. *Psychology of Sport and Exercise*, 54, 101919. <https://doi.org/10.1016/j.psychsport.2021.101919>
29. Cascagnette, J., **Benson, A. J.**, Cruwys, T., Haslam, A., & Bruner, M. (2021). More than just another bib: Group dynamics in an elite Nordic ski team. *Journal of Sports Sciences*, 39 (6), 638-652. <https://doi.org/10.1080/02640414.2020.1840040>
30. Caron, J. G., **Benson, A. J.**, Steins, R., McKenzie, L., & Bruner, M. W. (2021). The social dynamics involved in recovery and return to sport following a sport-related concussion: A study of three athlete-teammate-coach triads. *Psychology of Sport and Exercise*, 52, 101824. <https://doi.org/10.1016/j.psychsport.2020.101824>

31. Herbison, J. D., Martin, L. J., Slatcher, R., Boardley, I., **Benson, A. J.**, Sutcliffe, J., McLaren, C., Carré, J., Côté, J., Coletti, J.T., & Bruner, M. W. The Electronically Activated Recorder (EAR): A novel approach for examining social environments in youth sport. (2021). *International Review of Sport and Exercise Psychology*, 14, 260-277. <https://doi.org/10.1080/1750984X.2020.1790025>
32. Bruner, M. W, McLaren, C., Swann, C., Schweickle, M. J., Miller, A., **Benson, A. J.**, Gardner, L. A., Sutcliffe, J., & Vella, S. A. (2021). Exploring the role of social support on social identity in adolescent male athletes. *Research Quarterly for Exercise and Sport*, 92, 3, 566-572. <https://doi.org/10.1080/02701367.2020.1737629>
33. Baird, N. Martin, L. J., & **Benson, A. J.** (2020). A dynamic view of coach transformational leadership: How leadership perceptions across time relate to task cohesion and team potency. *Psychology of Sport and Exercise*, 51, 101789. <https://doi.org/10.1016/j.psychsport.2020.101789>
34. Graupensperger, S., **Benson, A. J.**, Kilmer, J. R., & Evans, M. B. (2020). Social (un)distancing: Teammate interactions, athletic identity, and mental health of student-athletes during the COVID-19 pandemic. *Journal of Adolescent Health*, 67 (5), 662-670. <https://doi.org/10.1016/j.jadohealth.2020.08.001>
35. **Benson, A. J.**, & Giacomini, M. (2020). How narcissism and self-esteem differentially relate to high and (un)stable feelings of status and inclusion. *Journal of Personality*, 88 (6), 1177-1195. <https://doi.org/10.1111/jopy.12565>
36. Leo., F. M., González-Ponce, I., López-Gajardo, T., **Benson, A. J.**, & Eys, M. (2020). How socialization tactics relate to role clarity, cohesion, and intentions to return in team sports. *Psychology of Sport and Exercise*, 50, 101735 <https://doi.org/10.1016/j.psychsport.2020.101735>
37. Van Woezik, R., **Benson, A. J.**, & Bruner, M. W. (2020). Next one up! Exploring how coaches manage team dynamics following injury. *The Sport Psychologist*, 34, 3, 198-208. <https://doi.org/10.1123/tsp.2019-0148>
38. Sutcliffe, J., McLaren, C., **Benson, A. J.**, Arnocky, S., Martin, L. J., Shields, C., Law, B., Dorsch, T. E., & Bruner, M. W. (2020). Parents' moral intentions towards antisocial parent behaviour: An identity approach in youth sport. *Psychology of Sport & Exercise*, 49, 101699. <https://doi.org/10.1016/j.psychsport.2020.101699>
39. Vella, S. A., **Benson, A. J.**, Sutcliffe, J., McLaren, C., Swann, C., Schweickle, M. J., Miller, A., & Bruner, M. W. (2020). Self-determined motivation, social identification, and the mental health of adolescent male team sport participants. *Journal of Applied Sport Psychology*, 33, 4, 452-466. <https://doi.org/10.1080/10413200.2019.1705432>
40. **Benson, A. J.**, Daljeet, K. N., & Cavallo, J. V. (2020). Tailoring emotional expressions in romantic relationships: A Person-centered approach. *Journal of Research in Personality*, 84, 1-10. <https://doi.org/10.1016/j.jrp.2019.103897>
41. **Benson, A. J.**, Azizi, E., Evans, M. B., Eys, M., & Bray, S. R. (2019). How innuendo shapes impressions of task and intimacy groups. *Journal of Experimental Social Psychology*, 85, 103854, 1-12. <https://doi.org/10.1016/j.jesp.2019.103854>

42. Graupensperger, S. A., **Benson, A. J.**, Bray, B. C., & Evans, M. B. (2019). Social cohesion and peer acceptance predict student-athletes' attitudes toward health-risk behaviors: A within- and between-group investigation. *Journal of Science and Medicine in Sport*, 22 (12), 1280-1286. <https://doi.org/10.1016/j.jsams.2019.07.003>
43. Evans, M. B., Graupensperger, S. A., **Benson, A. J.**, Eys, M. A., Hastings, B., Gottschall, J. S. (2019). Groupness perceptions and basic needs satisfaction with fitness groups. *Group Dynamics: Theory, Research, and Practice*, 23(3), 170-184. <http://dx.doi.org/10.1037/gdn0000103>
44. Graupensperger, S. A., **Benson, A. J.**, Eys, M. A., Hastings, B., Evans, M. B. (2019). Perceptions of groupness during fitness classes predict exertion, enjoyment, and satisfaction: An intensive longitudinal investigation. *Sport, Exercise, and Performance Psychology*, 8(3), 290-304. <http://dx.doi.org/10.1037/spy0000157>
45. **Benson, A. J.**, Jeschke, J., Jordan, C. H., Bruner, M. W., & Arnocky, S. (2019). Will they stay or will they go? Narcissistic admiration and rivalry predict ingroup affiliation and devaluation. *Journal of Personality*, 87 (4), 871-888. <https://doi.org/10.1111/jopy.12441>
46. Evans, M. B., Graupensperger, S. A., **Benson, A. J.**, Eys, M. A., Hastings, B., Gottschall, J. S. (2019). Group structure and entitativity in exercise: Considering within- and between-group perceptions of groupness. *Psychology & Health*, 34 (6), 715-732. <https://doi.org/10.1080/08870446.2019.1566548>
47. Sutcliffe, J., **Benson, A. J.**, Bruner, M. W. (2019). Parents value competence more than warmth in competitive youth hockey coaches: Evidence based on the innuendo effect. *Psychology of Sport and Exercise*, 43, 82-89. <https://doi.org/10.1016/j.psychsport.2019.01.005>
48. Bailey, B., **Benson, A. J.**, & Bruner, M. W. (2019). Investigating the organizational culture of CrossFit. *International Journal of Sport and Exercise Psychology*, 17, 197-211. <https://doi.org/10.1080/1612197X.2017.1329223>
49. Graupensperger, S., **Benson, A. J.**, Evans, M. B. (2018). Everyone else is doing it: The association between social identity and susceptibility to peer-influence in NCAA athletes. *Journal of Sport and Exercise Psychology*, 40, 117-127. <https://doi.org/10.1123/jsep.2017-0339>
50. Bruner, M. W., Boardley, I. D., **Benson, A. J.**, Wilson, K. S., Root, Z., Sutcliffe, J., Turnridge, J., & Côté, J. (2018). Disentangling the relations between social identity and prosocial and antisocial behavior in competitive youth sport. *Journal of Youth and Adolescence*, 47, 1113-1127. <https://doi.org/10.1007/s10964-017-0769-2>
51. **Benson, A. J.**, & Bruner, M. W. (2018). How teammate behaviors relate to athlete affect, cognition, and behaviors: A daily diary approach within youth sport. *Psychology of Sport and Exercise*, 34, 119-127. <https://doi.org/10.1016/j.psychsport.2017.10.008>
52. Bruner, M. W., & **Benson, A. J.** (2018). Evaluating the psychometric properties of the Social Identity Questionnaire in Sport. *Psychology of Sport and Exercise*, 35, 181-188. <https://doi.org/10.1016/j.psychsport.2017.12.006>

53. Boroumand, S, **Benson, A. J.**, & Eys, M. (2018). How status conflict undermines athletes' willingness to help new teammates. *Journal of Applied Sport Psychology*, 30, 358-365. <http://dx.doi.org/10.1080/10413200.2017.1384939>
54. **Benson, A. J.**, & Eys, M. A. (2017). Understanding the consequences of newcomer integration processes: The Sport Team Socialization Tactics Questionnaire. *Journal of Sport and Exercise Psychology*, 39, 13-28. <https://doi.org/10.1123/jsep.2016-0182>
55. **Benson, A. J.**, Bruner, M. W., & Eys, M. (2017). A social identity approach to understanding the conditions associated with antisocial behaviors among teammates in female teams. *Sport, Exercise, and Performance Psychology*, 6, 129-142. <https://doi.org/10.1037/spy0000090>
56. Herbison, J, **Benson, A. J.**, & Martin, L. J. (2017). The intricacies of the friendship-cohesion relationship in children's sport. *Sport and Exercise Psychology Review*, 13, 11-20.
57. **Benson, A. J.**, Hardy, J., & Eys, M. A. (2016). Contextualizing leaders' interpretations of proactive followership. *Journal of Organizational Behavior*, 37, 949-966. <https://doi.org/10.1002/job.2077>
58. **Benson, A. J.**, Eys, M., & Irving, G. (2016). Great expectations: How role expectations and role experiences relate to perceptions of team cohesion. *Journal of Sport and Exercise Psychology*, 38, 160-172. <https://doi.org/10.1123/jsep.2015-0228>
59. **Benson, A. J.**, Šiška, P., Eys, M., Priklerová, S., & Slepíčka, P. (2016). A prospective multilevel examination of the relationship between cohesion and team performance in elite youth sport. *Psychology of Sport and Exercise*, 27, 39-46. <https://doi.org/10.1016/j.psychsport.2016.07.009>
60. **Benson, A. J.**, Jordan, C. H., & Christie, A. M. (2016). Narcissistic responses to subordinate role assignment: The case of the narcissistic follower. *Personality and Social Psychology Bulletin*, 42, 985-999. <https://doi.org/10.1177/0146167216649608>
61. **Benson, A. J.**, Evans, M. B., & Eys, M. A. (2016). Organizational socialization in team sport environments. *Scandinavian Journal of Medicine and Science in Sports*, 4, 463-473. <https://doi.org/10.1111/sms.12460>
62. **Benson, A. J.**, Evans, M. B., Surya, M., Martin, L., & Eys, M. A. (2015). Embracing athletic identity in the face of threat. *Sport, Exercise, and Performance Psychology*, 4, 303-315. <https://doi.org/10.1037/spy0000045>
63. Surya, M., **Benson, A. J.**, & Balish, S. M., & Eys, M. A. (2015). Exploring the influence of injury on group interaction processes. *Journal of Applied Sport Psychology*, 27, 52-66. <https://doi.org/10.1080/10413200.2014.941512>
64. **Benson, A. J.**, Surya, M., & Eys, M. A. (2014). The nature and transmission of role responsibilities in sport teams. *Sport, Exercise, and Performance Psychology*, 3, 228-240. <https://doi.org/10.1037/spy0000016>
65. Evans, M. B., **Benson, A. J.**, Mitchell, T., Robertson-Wilson, J. & Eys, M. A. (2013). An exploration of municipal active living charter development and advocacy. *Health and Fitness Journal of Canada*, 6, 101-115. <https://doi.org/10.14288/hfjc.v6i2.148>

66. **Benson, A. J.**, Eys, M. A., Surya, M., Dawson, K. A., & Schneider, M. A. (2013). Athletes' perceptions of role acceptance in sport teams. *The Sport Psychologist*, 27, 269-280.
<https://doi.org/10.1123/tsp.27.3.269>

Books

1. Eys, M. A., Evans, M. B., & Benson, A. J. (2020). *Group dynamics in sport (5th Ed.)*. West Virginia University Publishing. <https://fitpublishing.com/books/group-dynamics-sport>

Book Chapters

1. **Benson, A. J.**, & Woodley, H. J. W. (2024). Followership in sport teams and physical activity groups. In M. Beauchamp, & M. Eys (Eds.), *Group dynamics advances in sport and exercise psychology: Contemporary themes (3rd edition)*, Forthcoming.
2. Bruner W. M., Martin, L. J., Evans, M. B., & **Benson, A. J.** (2020). Youth development through sport. In S. A. Haslam, K. Fransen, & F. Boen (Eds.), *The new psychology of sport and exercise psychology: The social identity approach* (pp. 208-221). Sage Publishing.
3. Hardy, J., **Benson, A. J.**, & Boulter, M. W. (2020). Personality and team effectiveness. In D. Hackfort & R. J. Schinke (Eds.), *The Routledge international encyclopedia of sport and exercise psychology: Vol.1. Theoretical and methodological concepts* (pp. 426–438). Routledge.
4. Crozier, A. J., & **Benson, A. J.** (2020). Group norms in youth sport. In M. W. Bruner, M. Eys, & L. Martin (Eds.), *The power of groups in youth sport* (pp. 17-31). Academic Press.
<https://doi.org/10.1016/B978-0-12-816336-8.00002-0>
5. **Benson, A. J.**, & Jordan, C.H. (2018). Narcissistic followership. In A. Hermann, Brunell, & J. Foster (Eds.), *Handbook of trait narcissism: Key advances, research methods, and controversies*. Springer Publishing Company. https://doi.org/10.1007/978-3-319-92171-6_44
6. Eys, M. A., Surya, M., & **Benson, A. J.** (2017). Communicating within sport teams. In B. Jackson, & J. Dimmock (Eds.), *Persuasion and communication in sport, exercise and physical activity* (pp. 217-232). Oxford: Routledge.
7. **Benson, A. J.**, Surya, M., & Eys, M. A. (2015). The dynamic management of athletes' role expectations. In P. Davis (Ed.), *The psychology of effective coaching and management* (203-216). Nova Science Publishers, Inc.
8. Eys, M. A., Schinke, R. J., Surya, M., & **Benson, A. J.** (2014). Role perceptions in sport groups. In M. Beauchamp, & M. Eys (Eds.), *Group dynamics advances in sport and exercise psychology: Contemporary themes (2nd edition)* (pp. 131-146). Oxford: Routledge.
9. **Benson, A. J.**, Surya, M. W., & Eys, M. A. (2013). Conceptual advances in role perceptions in sport. In C. Moheyedinni. (Ed.), *Conceptual advances in the psychology of sports and exercise* (pp. 3-14). Nova Science Publishers, Inc.

Dictionary Entries

1. Godfrey, M., & **Benson, A. J.** (2019). Athletic identity. In D. Hackfort, R. Schinke, B. Strauss (Eds.), *Dictionary of Sport Psychology: Sport, Exercise, and Performing Arts*. Elsevier Inc.

CONFERENCE PRESENTATIONS

*Published abstracts include journal citation

Verbal

1. Clare, C., Hardy, J., Roberts, R., Tod D., & **Benson, A. J.** (July 2024). Do leaders really influence performance? An integrated systematic review and series of meta-analyses. Presented at the 17th European Congress of Sport & Exercise Psychology, Innsbruck, Austria.
2. Lynch, J., McEwan, D., & **Benson, A. J.** (April 2024). Assessing teamwork through an interpersonal lens: How individual differences relate to teamwork reputation and perception. In M. Gagne (Chair), *Innovative research unpacking within and between team dynamics*. Symposium conducted at the Society for Industrial and Organizational Psychology. Chicago, Illinois.
3. Baird, N., Woodley, H. W., & **Benson, A. J.** (April 2024). Want to Lead? Be willing to follow: exploring leadership and followership motives as pathways to leader emergence in teams. In A. Traylor (Chair), *Exploring the clouded intersection of leadership and followership*. Symposium conducted at the Society for Industrial and Organizational Psychology. Chicago, Illinois.
4. Baird, N., Woodley, H., & **Benson, A. J.** (June 2023). The drive to follow: How followership motives impact group functioning. Presented at the Canadian Psychological Association Conference, Toronto, ON, Canada.
5. Revell, C., Gayman, A., **Benson, A. J.**, & Eys, M. (2022, June). *Drawing team members together: Intersection of socialization tactics and proactive behaviors with cohesion*. Presented at the North American Society for the Psychology of Sport and Physical Activity Conference, Toronto, Ontario.
6. Baird, N., & **Benson, A. J.** (2022, October). *Reimagining leadership research through a followership lens*. Presented at the International Leadership Association Conference, Washington, DC, United States.
7. McGregor, A., Baird, N., Jensen, L., & **Benson, A. J.** (2021). Loved or feared? How narcissism relates to prestige and dominance strategies in teams across time. Presented at the Association for Psychological Science Annual Convention. Virtual conference.
8. Collicot, C., **Benson, A. J.**, Schaefer, L., & Caron, J. G. (2021, March). *Examining how sport-related concussions impact the identities of semi-elite athletes*. Presented at the 25th annual Eastern Canada Sport & Exercise Psychology Symposium (ECSEPS). Virtual conference hosted by the University of Windsor.
9. Revell, C., Eys, M., & **Benson, A. J.** (2021, March). *Intersection of proactivity behaviours and socialization tactics on athletes' perceptions of their group*. Presented at the 25th annual Eastern Canada

Sport & Exercise Psychology Symposium (ECSEPS). Virtual conference hosted by the University of Windsor.

10. **Benson, A. J.**, Martin, L. J., Herbison, J. D., Slatcher, R., Boardley, I., Sutcliffe, J., McLaren, C., Carré, J., Côté, J., & Bruner, M. W. (2019, October). The reinforcing nature of social identity-driven processes: Evidence using the EAR methodology and a multilevel approach. In M. W. Bruner (Chair), *Using novel methods to explore the social identity and moral behaviour relations in youth sport*. Symposium conducted at the Canadian Society for Psychomotor Learning and Sport Psychology Conference, Vancouver, British Columbia.
11. Herbison, J. D., Martin, L. J., Slatcher, R., Boardley, I., **Benson, A. J.**, Sutcliffe, J., McLaren, C., Carré, J., Côté, J., & Bruner, M. W. (2019, October). The Electronically Activated Recorder (EAR): A novel approach for examining social environments in youth sport. In M. W. Bruner (Chair), *Using novel methods to explore the social identity and moral behaviour relations in youth sport*. Symposium conducted at the Canadian Society for Psychomotor Learning and Sport Psychology Conference, Vancouver, British Columbia.
12. McLaren, C., Boardley, I., Martin, L. J., Herbison, J. D., Slatcher, R., **Benson, A. J.**, Sutcliffe, J., Carré, J., Côté, J., & Bruner, M. W. (2019, October). Social network structure and moral behaviour: The mediating effect of social identity. In M. W. Bruner (Chair), *Using novel methods to explore the social identity and moral behaviour relations in youth sport*. Symposium conducted at the Canadian Society for Psychomotor Learning and Sport Psychology Conference, Vancouver, British Columbia.
13. Carré, J., Geniole, S. N., Martin, L. J., Herbison, J. D., Slatcher, R., Boardley, I., **Benson, A. J.**, McLaren, C., Sutcliffe, J., Côté, J., & Bruner, M. W. (2019, October). Social identity and cortisol responses to competition in male competitive youth hockey players. In M. W. Bruner (Chair), *Using novel methods to explore the social identity and moral behaviour relations in youth sport*. Symposium conducted at the Canadian Society for Psychomotor Learning and Sport Psychology Conference, Vancouver, British Columbia.
14. Caron, J. G., **Benson, A. J.**, Steins, R., McKenzie, L., Bruner, M. W. (2019, July). The social dynamics of post-concussion return to sport experiences: An integrated study of athlete-teammate-coach triads. Presented at the 15th European Congress of Sport & Exercise Psychology, Muenster, Germany.
15. Bruner, M.W., Swann, C., Schwiekle, M., Miller, A., **Benson, A.**, McLaren, C., Sutcliffe, J., Vella, S. (October 2018). Exploring the role of sport participation and social support on social identity in adolescent male athletes. *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Toronto, Ontario.
16. Van Woezik, R., **Benson, A. J.**, Bruner, M. W. (March 2018). Just put me in coach! Exploring how coaches manage team dynamics following injury. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Montreal, Quebec.
17. McKenzie, L., Caron, J., **Benson, A. J.**, Bruner, M. W. (March 2018). Reintegrating into the team environment following a concussion. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Montreal, Quebec.
18. Herbison, J., Martin, L. J., Sutcliffe, J., Coletti, J., Hallarn, J., **Benson, A. J.**, & Bruner, M. W. (March 2018). Analysis of social-discursive interactions in youth sport using Linguistic Inquiry and Word Count

software. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Montreal, Quebec.

19. Cascagnette, J., **Benson, A. J.**, Cruwys, T., Haslam, A., & Bruner, M. (March 2018). Group dynamics in an elite Nordic ski team. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Montreal, Quebec.
20. Graupensperger, S., **Benson, A. J.**, Evans, M. B. (October 2017). Everyone else is doing it: The association between social identity and conforming to peer-influence in NCAA athletes. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, St. John's, Newfoundland.
21. Sutcliffe, J., **Benson, A. J.**, Bruner, M. W. (October 2017). Do nice coaches finish last? Exploring parental perceptions of a prospective coach. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, St. John's, Newfoundland.
22. Bruner, M. W., Martin, L. J., Evans, M. B., **Benson, A. J.**, Root, Z., Ortiz, T., Sutcliffe, J., & Carré, J. (July 2017). Social identity and peer nominated friendship in youth sport teams. Presented at *Social Identity in Sport Conference*, Brussels, Belgium.
23. Herbison, J. D., **Benson, A. J.**, Martin, L. J., Côté, J., & Bruner, M. W. (March 2017). The development of observational coding systems for the electronically activated recorder (EAR) in youth sport settings. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Kingston, Ontario.
24. Taylor, L., **Benson, A. J.**, & Bruner, M. W. (March 2017). An exploration of newcomer integration processes in CrossFit. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Kingston, Ontario.
25. **Benson, A. J.**, & Eys, M. (October 2016). Understanding the consequences of newcomer integration processes: A socialization perspective (Young Scientist Award). Presented at the Canadian Society for Psychomotor Learning and Sport Psychology Conference, Waterloo, Ontario.
26. **Benson, A. J.**, Bruner, M. W., & Eys, M. (October 2016). Social identity and antisocial ingroup behaviours: The moderating role of descriptive norms. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Waterloo, Ontario.
27. **Benson, A. J.**, & Eys, M. (June 2016). Pleased to meet you? The consequences of newcomer integration processes in sport teams. *Journal of Sport and Exercise Psychology*, 37 (suppl), S160. Presented at the *North American Society for the Psychology of Sport and Physical Activity Conference*, Montreal, Quebec.
28. Boroumand, S., **Benson, A. J.**, & Eys, M. (March 2016). How status conflict undermines prosocial behaviour between teammates. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Hamilton, Ontario.
29. Surya, M., Eys, M. A., & **Benson, A. J.** (October 2015). Incongruence in the coach-athlete relationship: Consequences for misunderstanding. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Edmonton, Alberta.

30. **Benson, A. J.**, Surya, M., Eys, M. A., & Bray, S. R. (June 2015). Disentangling how perceptions of role performance are related to role acceptance and group cohesion. *Journal of Sport and Exercise Psychology*, 37 (suppl), S93. Presented at the *North American Society for the Psychology of Sport and Physical Activity Conference*, Portland, Oregon.
31. Eys, M. A., Surya, M., & **Benson, A. J.** (April 2015). Threats to the psychological structure of sport teams. Presented at the Pan American Sport and Exercise Research Summit, Toronto, Ontario.
32. **Benson, A. J.**, Surya, M., Eys, M. A., & Bray, S. R. (March 2015). Applying polynomial regression with response surface analysis to examine how perceptions of role performance influence role acceptance and cohesion. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Ottawa, Ontario.
33. **Benson, A. J.**, Hardy, J., & Eys, M. A. (2014). The context-embedded nature of followership. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, London, Ontario.
34. Webster, L., **Benson, A. J.**, Hardy, J., & Roberts, R. (October 2014). Competing for the spotlight: The interactive effect of leader and follower narcissism on group goal commitment. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, London, Ontario.
35. Surya, M., Eys, M. A., & **Benson, A. J.** (October 2014) The correlates of role satisfaction. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, London, Ontario.
36. **Benson, A. J.**, Evans, M. B., Surya, M., Martin, L., & Eys, M. A. (March 2014). Embracing athletic identity in the face of threat. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Toronto, Ontario.
37. Siska, P., **Benson, A. J.**, Eys, M. A., & Slepicka, P. (March 2014). A longitudinal examination of team cohesion and team success in elite youth sport teams. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, Toronto, Ontario.
38. **Benson, A. J.**, & Eys, M. A. (June 2013). Delineating the socialization strategies used in sport teams. *Journal of Sport and Exercise Psychology*, 35 (suppl), S78. Presented at the *North American Society for the Psychology of Sport and Physical Activity*, New Orleans, Louisiana.
39. **Benson, A. J.**, Surya, M., Balish, S.M., & Eys, M. A. (2013, June). Exploring the Influence of Injury on Group Processes in Sport Teams. *Journal of Sport and Exercise Psychology*, 35 (suppl), S77. Presented at the *North American Society for the Psychology of Sport and Physical Activity*, New Orleans, Louisiana, United States.
40. **Benson, A. J.**, & Eys, M. A. (March 2013). Coaches' perspectives on socialization strategies used in sport teams. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, St. Catherines, Ontario.
41. Surya, M., **Benson, A. J.**, & Balish, S., & Eys, M. A. (March 2013). Exploring the influence of injury on group processes in basketball. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, St. Catherines, Ontario.

42. Murray, R. M., Evans, M. B., **Benson, A. J.**, Bray, S. R., & Eys, M. A. (March 2013). Testing the innuendo effect in a sport context. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, St. Catherines, Ontario.
43. **Benson, A. J.**, Surya, M., McLaren, C. D. (February 2013). Organizational socialization in sport teams. Presented at the *Sport Professionals' Experience and Research Conference*, Tallahassee, Florida.
44. McLaren, C. D., **Benson, A. J.**, Surya, M. (February 2013). How'd we do coach: Group and individual outcomes as they relate to the motivational climate. Presentation at the *Sport Professionals' Experience and Research Conference*, Tallahassee, Florida.
45. Surya, M., McLaren, C. D., & **Benson, A. J.** (February 2013). Satisfaction with interdependent role responsibilities in sport teams. Presented at the *Sport Professionals' Experience and Research Conference*, Tallahassee, Florida.
46. **Benson, A. J.**, Surya, M., & Eys, M. A. (November 2012). The development and salience of role responsibilities in sport teams. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Halifax, Nova Scotia.
47. **Benson, A. J.**, Eys, M. A., & Surya, M. (March 2012). Athletes' perceptions of role acceptance in sport. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, London, Ontario.
48. Surya, M., Eys, M. A., & **Benson, A. J.** (March 2012). Athletes' perceptions of role satisfaction in sport. Presented at the *Eastern Canada Sport and Exercise Psychology Symposium*, London, Ontario.

Poster

1. **Benson, A. J.**, & Evans, M. B. (July 2024). Leveraging social relations modelling and social network analysis to understand the structure and nature of interpersonal processes in groups. Presented at the European Congress of Sport & Exercise Psychology, Innsbruck, Austria.
2. Wilson, S., **Benson, A. J.**, & Martin, L. J. (July 2024). The dynamic nature of emotions and their relation to role perceptions in youth sport. Presented at the 17th European Congress of Sport & Exercise Psychology, Innsbruck, Austria.
3. McGuire, C. S., Saizew, K., Profeit, M., **Benson, A. J.**, Erickson, K., Côté, J., Wolff, M., Ladd, B., & Martin, L. J. (July 2024). Bridging the 'Know-Do' Gap: Engaging in co-production to design and implement the '1616' sport-based youth development program. Poster presented at the 17th European Congress of Sport & Exercise Psychology, Innsbruck, Austria.
4. Zhuo, L., & **Benson, A. J.** (April 2024). IT takes two to make power moves: A dyadic investigation into rank dynamics [poster]. Presented at the Society for Industrial and Organizational Psychology Annual Conference, Chicago, Illinois.
5. Lynch, J., McEwan, D., & **Benson, A. J.** (June 2023). Do narcissists make effective teammates? How narcissistic admiration and rivalry relate to teamwork processes. Presented at the Canadian Psychological Association Conference, Toronto, ON, Canada.

6. Jensen, L. J., **Benson, A. J.**, & Cheng, J. T. (April 2023). Beyond rank attainment: How dominance and prestige relate to team functioning [poster]. Presented at the Society for Industrial and Organizational Psychology Annual Conference, Boston, MA, United States.
7. Baird, N., Robertson, J., & **Benson, A. J.** (April 2023). Transformational followership: Leaders in disguise? [poster]. Presented at the Society for Industrial and Organizational Psychology Annual Conference, Boston, MA, United States.
8. Lynch, J., & **Benson, A. J.** (April 2023). Timber! How interpersonal motives contribute to the downfall of narcissistic leaders [poster]. Presented at the Society for Industrial and Organizational Psychology Annual Conference, Boston, MA, United States.
9. Li, Z., Lynch, J., Sun, T., Rizkyana, A., Cheng, J. T., & **Benson, A. J.** (April 2023). The power within me: A person-centered approach to social power motives. [poster]. Presented at the Society for Industrial and Organizational Psychology Annual Conference, Boston, MA, United States.
10. Collicot, C. B., **Benson, A. J.**, Schaefer, L., & Caron, J. G. (2022, October). More than just athletic identity: A closer look at how concussions impact the identity constructs of elite athletes [Poster Presentation]. *Journal of Exercise, Movement, and Sport*. Presented at the annual meeting of the *Canadian Society for Psychomotor Learning and Sport Psychology (SCAPPS)*. Montreal, Canada.
11. Collicot, C. B., **Benson, A. J.**, Schaefer, L., & Caron, J. G. (June 2022). Sport-related concussions and their impact to the identity constructs of elite athletes: A qualitative multi-method study. Poster presented at the *Journal of Head Trauma Rehabilitation*. *2nd Annual Meeting of the Canadian Concussion Network (CCN)*. Montréal, QC, Canada
12. Zhuo, Li., & **Benson, A. J.** (February 2021) Culture and narcissism: The roles of fundamental social motives. Presented at the *Society for Personality and Social Psychology*, Virtual conference.
13. Lynch, J., Jordan, C., Giacomini, M., & **Benson, A. J.** (February 2021). Dr. Jekyll and Mr. Hyde: How narcissistic admiration and rivalry relate to perceived narcissism and likeability within teams over time. Presented at the *Society for Personality and Social Psychology*, Virtual conference.
14. Baird, N., & **Benson, A. J.** (June 2020). An examination of team conflict: The essential role of followership. Presented at the *Society for Industrial and Organizational Psychology*, Austin, Texas.
15. **Benson, A. J.**, & Giacomini, M. (February 2020). How self-esteem and narcissism differentially relate to high and (un)stable feelings of status and inclusion. Presented at the *Society for Personality and Social Psychology*, New Orleans, Louisiana.
16. Jensen, L. D., Woodley, H. J. R., Hardy, J., & **Benson, A. J.** (February 2020). Do great followers make great leaders? Disentangling the traits valued in followers and leaders? Presented at the *Society for Personality and Social Psychology Preconference: Bringing intragroup processes back to social psychology*, New Orleans, Louisiana.
17. Baird, N., Woodley, H. J. R., & **Benson, A. J.** (February 2020). Where you lead, I will follow: Developing a measure and nomological network of followership motives. Presented at the *Society for*

Personality and Social Psychology Preconference: Bringing intragroup processes back to social psychology, New Orleans, Louisiana.

18. Chamberlain, J. J., **Benson, A. J.**, & Hall, C. R. (October 2019). The relations between newcomer integration processes and youth athletes' perceptions of the group environment in competitive hockey. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Vancouver, British Columbia.
19. Sutcliffe, J., McLaren, C., **Benson, A. J.**, Arnocky, S., Martin, L. J., Shields, C., Law, B., & Bruner, M. W. (October 2019). Exploring the relations between competitive youth sport parents' identity and moral intentions towards antisocial parent behaviour. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Vancouver, British Columbia.
20. Sutcliffe, J., **Benson, A. J.**, McLaren, C., & Bruner, M. W. (October 2019). Part of the team: Measuring parent social identity in youth sport. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Vancouver, British Columbia.
21. Van Woezik, R., **Benson, A. J.**, & Bruner, M. W. (October 2019). Next one up! Exploring how coaches manage team dynamics following injury. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Vancouver, British Columbia.
22. Cascagnette, J., **Benson, A. J.**, Cruwys, T., Haslam, A., & Bruner, M. (October 2019). More than just another bib: Group dynamics in an elite Nordic ski team. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Vancouver, British Columbia.
23. Sutcliffe, J., Herbison, J. D., Martin, L. J., Slatcher, R., **Benson, A. J.**, Van Woezik, R., McLaren, C., Boardley, I., Carré, J., Côté, J., & Bruner, M. W. (October 2019). The car ride to and from competition: Exploring parent-athlete interactions in competitive youth sport. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Vancouver, British Columbia.
24. Lynch, J., **Benson, A. J.**, & McGregor, A. (June 2019). How narcissistic admiration and rivalry relate to team conflict processes. Presented at the meeting of the *Canadian Psychological Association*, Halifax, Nova Scotia.
25. McGregor, A., **Benson, A. J.**, & Rothstein, M. (June 2019). Psychometric analysis of the workplace team resiliency inventory. Presented at the meeting of the *Canadian Psychological Association*, Halifax, Nova Scotia.
26. Baird, N. A., **Benson, A. J.**, & Robertson, J., & Moosavi, S. (June 2019). Leadership on the ropes: How hostile followership affects leadership behaviour. Presented at the meeting of the *Canadian Psychological Association*, Halifax, Nova Scotia.
27. Evans, M. B., Graupensperger, S., **Benson, A. J.**, Eys, M. A., Hastings, B., & Gottschall, J. (June 2019). Groupness perceptions and basic needs satisfaction within fitness groups. Presented at the meeting of the *North American Society for the Psychology of Sport and Physical Activity*, Baltimore, Maryland.

28. Graupensperger, S., **Benson, A. J.**, & Evans, M. B. (April 2018). Group-level predictors of NCAA athletes' attitudes toward risky behavior. Presented at the *Society for Behavioral Medicine*, New Orleans, LA.
29. **Benson, A. J.**, Jeschke, J., Jordan, C. H., Bruner, M. W., & Arnocky, S. (February 2018). Will they stay or will they go? Narcissistic admiration and rivalry predict ingroup affiliation and devaluation. Presented at the *Society for Personality and Social Psychology Annual Convention*, Portland, Oregon.
30. **Benson, A. J.**, & Bruner, M. W. (September 2017). How peer behaviours relate to adolescent social development: A daily diary approach with youth hockey teams. Presented at the *Sport Canada Research Initiative Conference*, Toronto, Ontario.
31. **Benson, A. J.**, Eys, M., & Hardy, J. (June 2017). Challenge-oriented acts of followership as a double-edged sword in the leadership process. *Journal of Sport & Exercise Psychology*, 39 (suppl), S213. Presented at the *North American Society for the Psychology of Sport and Physical Activity Conference*, San Diego, California.
32. Bruner, M. W., & Benson, A. J. (June 2017). The Social Identity Questionnaire for Sport (SIQS): The utility of a bifactor model. *Journal of Sport & Exercise Psychology*, 39 (suppl) 217. Presented at the *North American Society for the Psychology of Sport and Physical Activity Conference*, San Diego, California.
33. Sutcliffe, J., **Benson, A. J.**, & Bruner, M.W. (June 2017). Parents value competence more than warmth in competitive youth hockey coaches: Evidence based on the innuendo effect. *Journal of Sport & Exercise Psychology*, 39 (suppl), S317. Presented at the *North American Society for the Psychology of Sport and Physical Activity Conference*, San Diego, California.
34. Bruner, M. W., Wilson, K. S., Boardley, I. D., **Benson, A. J.**, Sutcliffe, J., Root, Z., & Côté, J. (October 2016). Examining the rotianle of descriptive norms in the social identity and moral behaviour relationship in youth sport. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Waterloo, Ontario.
35. Bruner, M., Bailey, B., & **Benson, A. J.** (June 2016). Understanding the influence of organizational culture on exercise adherence: A social identity perspective. *Journal of Sport and Exercise Psychology*, 37 (suppl), S164. Presented at the *North American Society for the Psychology of Sport and Physical Activity Conference*, Montreal, Quebec.
36. **Benson, A. J.**, Eys, M. A., & Irving, G. (October 2015). Great expectations: How expected versus actual role experiences relate to perceptions of team cohesion. Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Edmonton, Alberta
37. **Benson, A. J.**, & Eys, M. A. (October 2014). Examining the use of socialization tactics in team sport environments. Poster presented at the *Sport Canada Research Initiative Conference*, Kanata, Ontario.
38. Hardy, J., Arthur, C., Harding, D., **Benson, A. J.**, Williams, C., Meaton, J., Buabon, M., Larkin, L. (October 2014). Role conflict and performance: An elusive association? Presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, London, Ontario.

39. **Benson, A. J.,** & Eys, M. A. (October 2013). Toward a theory of organizational socialization in sport. Poster presented at the Sport Canada Research Initiative Conference, Kanata, Ontario.
40. **Benson, A. J.,** Eys, M. A., & Surya, M. (November 2012). Athletes' perceptions of role acceptance in sport teams. Poster presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Halifax, Nova Scotia.
41. **Benson, A. J.,** Surya, M., Eys, M. A., Bray, S. R., & Brawley, L. R. (October 2011). A preliminary examination of the correlates of role satisfaction. Poster presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Winnipeg, Manitoba.
42. Surya, M., **Benson, A. J.,** Eys, M. A., & Bray, S. R. (October 2011). Role satisfaction: A proposed conceptualization for sport. Poster presented at the *Canadian Society for Psychomotor Learning and Sport Psychology Conference*, Winnipeg, Manitoba

Invited Talks

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| 2024 | European Congress of Sport & Exercise Psychology, Innsbruck, Austria | FEPSAC Editor-in-Chief podium: Ask the Editor |
| 2024 | Bangor University | Beyond rank attainment: How dominance and prestige shape group dynamics. <i>Presented to members of the Institute for Psychology of Elite Performance at Bangor University.</i> |
| 2023 | King's University College | From "Me" to "We": Followership as a missing piece in the leadership puzzle. <i>Presented to the King's University College Psychology Student Association.</i> |
| 2023 | Western University | Revisiting our expectations for leadership. <i>Presented to the Kinesiology graduate research seminar.</i> |
| 2020 | Wilfrid Laurier University | Early career panelist. <i>Presented to the Kinesiology and Physical Education graduate seminar.</i> |
| 2019 | Aboriginal Sport Circle | Socio-demographic survey from the National Aboriginal Hockey Championships. <i>Presented on behalf of the Indigenous Hockey Research Network, Ottawa, Ontario.</i> |
| 2018 | Western University | Academic panelist discussing life as an academic. <i>Presented at IO/OB student conference as part of a four-person academic panel, London, Ontario.</i> |
| 2018 | Western University | Academic panelist discussing life as an academic. <i>Presented at Health/Medical Sciences career panel, hosted at Western University.</i> |
| 2018 | Disrupt HR | The rise and fall of narcissistic leaders. <i>Presented at Disrupt HR, London, Ontario.</i> |

- 2018 Western University Narcissism in the workplace: Entitled, self-absorbed, and ready to lead. *Presented as part of the “Science of Being Human” lecture series, London, Ontario.*
- 2018 Western University Can’t we all just get along? Integrating qualitative research into a broader program of research. *Presented to the Industrial/Organizational psychology graduate seminar, London, Ontario.*
- 2016 Wilfrid Laurier University Navigating grad school: Tales from a recent graduate. *Presented to Kinesiology and Physical Education graduate seminar, Waterloo, Ontario.*

Non-Peer Reviewed Papers and Reports

Benson, A. J., McGregor, A., Martin, L. J., Allen, N. J., & Bruner, M. W. (2021). Onboarding at 21 Aerospace Control and Warning Squadron: Putting principles into practice. Prepared on behalf of 22 Wing North Bay.

Benson, A. J., & Bruner, M. W. (2021). How peer interactions in youth sport influence moral behaviour, prepared for Sport Canada as a knowledge Translation paper.

Benson, A., & Cavallo, J. Blog post on research paper “Tailoring emotional expressions in romantic relationships: A Person-centered approach”: <http://spsp.org/news-center/blog/benson-cavallo-feelings-expectations-emotions>

Forsyth, J., **Benson, A.,** McKee, T., Armstrong, K., Pettit, A., Hauck, D., El-Shamy, N., Whitesell, M., and Spencer, J. (Feb 2019). NAHC Regional Report. Prepared for the National Aboriginal Hockey Championship Working Group and the Aboriginal Sport Circle.

Forsyth, J., **Benson, A.,** McKee, T., Armstrong, K., Pettit, A., Hauck, D., El-Shamy, N., Whitesell, M., and Spencer, J. (Jan 2019). NAHC Gender Report. Prepared for the National Aboriginal Hockey Championship Working Group and the Aboriginal Sport Circle.

Forsyth, J., **Benson, A.,** McKee, T., Armstrong, K., Pettit, A., Hauck, D., El-Shamy, N., Whitesell, M., and Spencer, J. (Nov 2019). NAHC Statistic Report. Prepared for the National Aboriginal Hockey Championship Working Group and the Aboriginal Sport Circle.

Benson, A. J., & Eys, M. A. (2015). Examining the use of socialization tactics in sport team environments, prepared for Sport Canada as a knowledge Translation paper.

Benson, A. J., Surya, M., & Eys, M. A. (2015). Report on 2015 team member engagement survey, prepared on behalf of Schlegel Villages. 1- 37.

Surya, M., **Benson, A. J.,** & Evans, M. (2014). Report on role responsibilities, prepared on behalf of Schlegel Villages. 1-10.

Surya, M., **Benson, A. J.,** Evans, M. (2014). Report on 2014 team member engagement survey, prepared on behalf of Schlegel Villages. 1-11.

Evans, B., Surya, M., & **Benson, A. J.** (2013) Initial statistical report on member engagement data, prepared on behalf of Schlegel Villages. 1-20.

Eys, M. A., **Benson, A. J.**, & Surya, M. (2013). Blueprint for physical activity: A report to the Waterloo Region Active Living Network. 1-65.

TEACHING EXPERIENCE

Course Instructor

Western University

2018, 2020, 2024	Psychology 9650: Advanced Topics in Psychology: Status and Power in Organizations (3 terms)
2017-2023 2020, 2022	Psychology 2061A-001: Psychology at Work (7 terms) Psychology 3720G-001: Psychology of Prosocial and Antisocial Behaviour (1 term)
2019, 2021, 2022, 2023	Psychology 4690G-001: The Psychology of Status and Power in Organizations (4 terms)

Nipissing University

2016	PHED2026a: Psychology of Physical Activity PHED2026b: Psychology of Physical Activity
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Wilfrid Laurier University

2015	KP622: Advanced Research Design
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Resurrection Catholic Secondary School

2015	Applied Sport Psychology Module (grades 9-12)
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STUDENT SUPERVISION

***All students supervised at Western University unless noted otherwise

Principle Advisor

2024-current	Dayna van der Zande
2023-current	Jake Pavicic (MSc)
2019-current	Jennifer Lynch (MSc 2021, PhD)
2019-current	Zhuo Li (MSc 2021, PhD)
2019-2023	Lynden Jensen (PhD)
2017-2023	Noelle Baird (MSc 2019, PhD)
2018-2023	Alexander McGregor (PhD)
2020-2022	Tianyue Xu (MSc)
2017-2019	Jeffrey Chamberlain (MSc)

Mitacs Internship Supervision

2024-current	Jennifer Lynch, Accelerate Internship
2018-2019	Noelle Baird, Mitacs Accelerate Internship

2017-2018 Julia McMenamin, Mitacs Accelerate Internship

PhD Senate Defense Examination Member

2024 Breanna Atkinson
 2023 Sarah Carver
 2023 Paolo Palma
 2023 Michal Bak
 2022 Alexa Clerke
 2022 Rebecca Koessler
 2022 Nicolyn Charlot
 2021 Jose Espinoza
 2021 Sarah Babcock
 2021 Kyle Cameron
 2021 Natasha Ouslis
 2020 Claire Wilson
 2020 Brittney Anderson
 2020 Charles Fitzsimmons
 2018 Rhonda Balzarini

PhD Departmental Examination Committee Member

2023 Trevor Coppins
 2021 Kabir Daljeet
 2018 Kevin Doyle
 2018 Rhonda Balzarini

Doctoral Supervisory Committee Member

2023-current Cullen McCurrach
 2022-current Clara Stafford
 2022-current Kristi MacDonald
 2022-current Leonid Beletski
 2022-current Lital Yosopov
 2021-current Breanna Atkinson
 2021-current Katarina Huellemann
 2020-current Laura Johnson
 2019-current Trevor Coppins
 2019- current Matthew Brown
 2018- current Julia McMenamin
 2018- 2023 Paolo Palma
 2018- 2023 Rebecca Koessler
 2019- 2021 Jose Espinoza
 2019- 2021 Kyle Cameron
 2019- 2021 Natasha Ouslis
 2019- 2021 Kabir Daljeet
 2019-2021 Jordan Herbison (Queen's University)
 2018-2020 Brittney Anderson

PhD Comprehensive Examination Committee Member

2024	Owen Hicks
2024	Talib Karamally
2024	Roy Hui
2024	Vishal Sooknanan
2023	Haley Green
2023	Leonid Beletski
2022	Megan Lindloff
2021	Lital Yosopov
2020	Cullen McCurrach
2020	Kristi MacDonald
2020	Shruti Kumar
2019-2020	Eva Kwan
2019-2020	Trevor Coppins
2019-2020	Rebecca Koessler
2019-2020	Laura Johnson
2019	Christopher Kowalski
2029	Matthew Brown
2018	Alexa Clerk

Master's Thesis Examination Committee Member

2023	Omar Camanto
2022	Leonid Beletski
2022	Maria Besselink
2021	Rhys Desmond
2021	Stefanie Gazmin (Queen's University)
2019	Trevor Coppins
2019	Kunio Hessel
2019	Eva Kwan
2019	Lynden Jensen
2019	Margaret Head
2018	Alexander McGregor
2018	Natasha Ouslis

Master's Supervisory Committee Member

2023-current	Shannon Mahony
2023-current	Jessica Baer
2023-current	Mackenzie Smith
2022-current	Bianca Iddiols
2022-2024	Rachel Edwards
2021-2023	Talib Karamally
2021-2022	Roy Hui
2020-2022	Leonid Beletski

2020-2022	Cameron Collict (University of Montreal)
2020-2021	Cullen McCurrach
2019-2020	Stefanie Gazmin (Queen's University)
2018-2019	Eva Kwan
2018-2019	Kunio Hessel
2018-2019	Christopher Sciberas
2018-2019	Margaret Head
2017-2018	Alexander McGregor

Undergraduate Honours Thesis Supervision

2023-2024	Jonathan Kent
2023-2024	Aidan Houston
2022-2023	Rainey Guo
2022-2023	Brianna Ganni
2022-2023	Allison White
2021-2022	Tianlu Sun
2020-2021	Lujane Al-Azem
2019-2020	Karlee Citro
2019-2020	Virginia Ling
2019-2020	Tianyue Xu
2018-2019	Jennifer Lynch
2017-2018	Andrada Balanean
2017-2018	Marcus Gottlieb
2017-2018	Jessica Jeshcke
2016-2017	Laura McKenzie (Nipissing University)
2016-2017	Lauren Taylor (Nipissing University)
2015-2016	Suzanne Boroumand (Wilfrid Laurier University)
2012-2013	Ross Murray (Wilfrid Laurier University)

Independent Study Supervision

2018	Esti Azizi
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SERVICE

Institutional

2023-current	Planning and resource committee
2022-current	Performance evaluation committee
2022-2023	Space and facilities executive committee
2021-2023	Annual performance evaluation committee
2021-2023	Workload and resource planning committee
2021-2022	Nominations committee
2020-2022	Social committee
2018-current	Graduate affairs committee
2021-2022	Coordinator for I/O area graduate student interview day

2019-2021	Canada Graduate Scholarship (Masters) and Ontario Graduate Scholarship
2018-2020	departmental evaluation committees
2018-2020	Doctoral tricouncil awards departmental evaluation committee
2018-2020	Undergraduate affairs committee
	Annual performance evaluation committee
2018-2020	Planning committee for the development of the one-year Masters in Research for Policy and Evaluation
	Faculty of Engineering, Faculty council, Social Science representative
2018	Evaluator for Western National Scholarship Program
2014-2015	Member of Mental Health Task Force (Wilfrid Laurier University)
2015-2016	Graduate Student Association Representative (Wilfrid Laurier University)

Editorial Board Membership and Journal Service

<https://www.webofscience.com/wos/author/record/1736090>

Associate Editor, Sport, Exercise, and Performance Psychology (IF = 4.25)

- Co-editor for the upcoming special issue on Methodological Advances in Sport, Exercise, and Performance Psychology.

Editorial Board Member, Scandinavian Journal of Medicine & Science in Sports (IF = 3.26)

Guest Reviewer, Athletic Insight (1), Aggressive Behavior (2), Communication & Sport (1), Current Psychology (3), Frontiers in Psychology (1), European Sport Management Quarterly (1), Human Relations (2), INGRoup conference (1), International Journal of Sport & Exercise Psychology (5), Journal of Business Ethics (3), Journal of Applied Sport Psychology (5), Journal of Personality (2), Journal of Science and Medicine in Sport (1), Journal of Experimental Psychology: Applied (1), Journal of Sport & Exercise Psychology (15), Journal of Sport Psychology in Action (2), (1) Journal of Sport Sciences, PLOS ONE (1), Psychology of Sport & Exercise (29), Personality and Individual Differences (1), Qualitative Research in Sport, Exercise, and Health (1), Research Quarterly for Sport and Exercise Psychology (1), Scandinavian Journal of Medicine and Science in Sport (5), Sport, Exercise and Performance Psychology (16), Social Inclusion (1), The Sport Psychologist (1).

Conference Submission Reviewer, Conference abstracts for 15th European Congress of Sport & Exercise Psychology (2020); 16th European Congress of Sport & Exercise Psychology (2022); Conference abstracts for Canadian Society for Industrial and Organizational Psychology (2020, 2021; 2022). Conference abstracts for Society for Industrial and Organizational Psychology (2023).

Grant Reviewer, Social Science and Humanities Research Council of Canada – external reviewer (1) Canada Foundation for Innovation (1). Mitacs Elevate Postdoctoral Fellowship program (1).

Community Outreach and Consulting

2022	1616 pilot program evaluation
2013-2016	Organizational Consultant, Schlegel Villages
2013	Research Consultant, Waterloo Region Active Living Network

2011 Conference Organization Committee Members, Wilfrid Laurier University
Eastern Canadian Sport and Exercise Psychology Symposium

Workshops

Evans, M. B., Li, Z., & **Benson, A. J.** (April, 2021). Modelling age-varying associations between group memberships, neighborhood connectedness, and well-being. Presented as part of an interdisciplinary workshop entitled COVID 19 - Recovery and Resilience, hosted by the Network for Economic and Social Trends and the Centre for the Study of Political Behaviour.

Benson, A. J. (2016-2017, November-January). Psychological skills for elite youth athletes. Tailored lectures presented to multiple age groups for the North Bay Trappers AAA Hockey Organization, North Bay, Ontario.

Eys, M.A., Surya, M., & **Benson, A. J.** (May 2013). The blueprint for physical activity action for Waterloo Region. Lecture presented to the 'Engagement is Good for your Health Workshop', Waterloo Memorial Recreation Complex, Waterloo, Ontario, Canada.